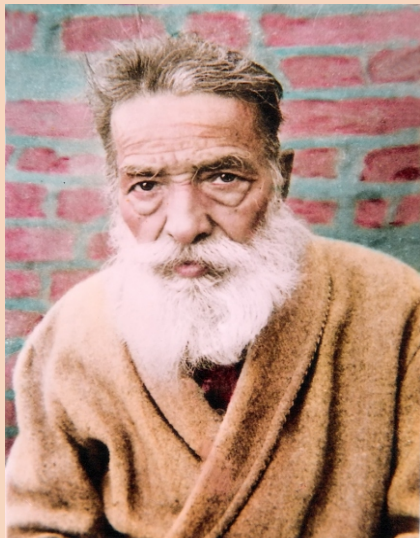


THE ART OF HAPPY LIVING



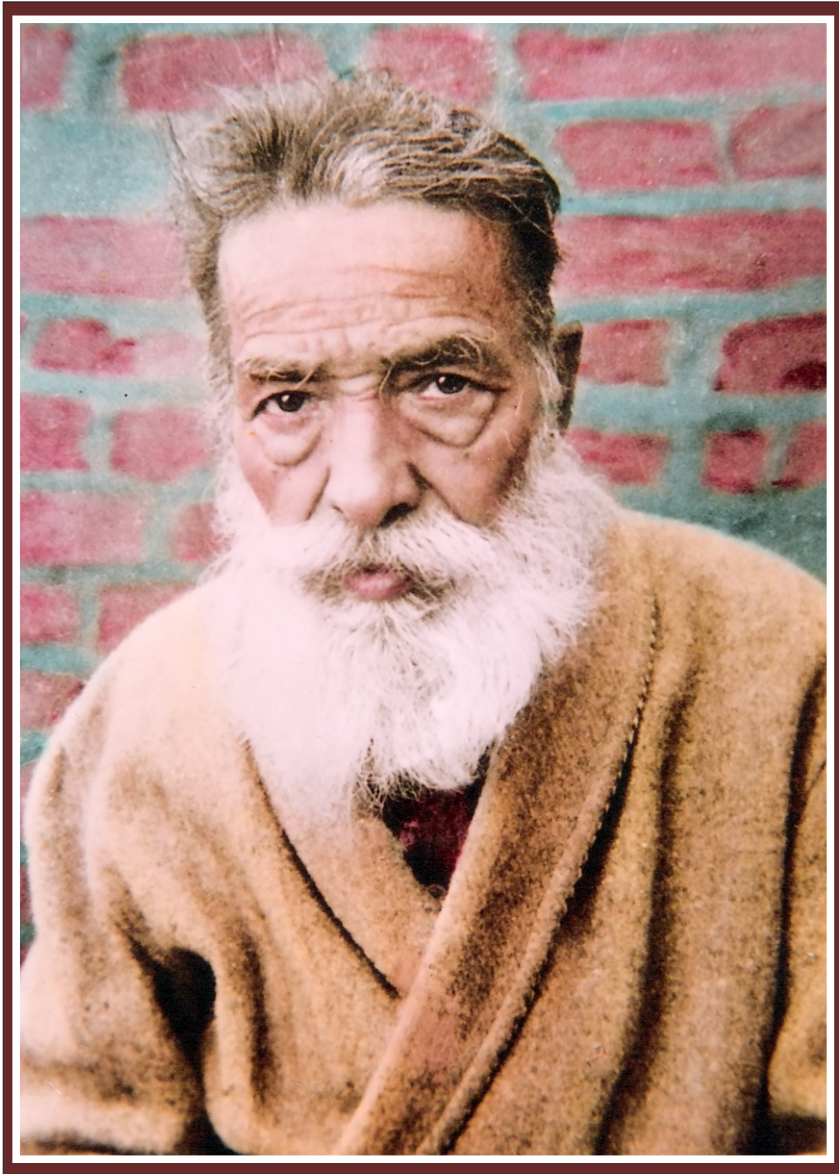
His Holiness Param Sant Param Dayal
Faqir Chand Ji Maharaj
Manavta Mandir
Sutheri Road, Hoshiarpur (Pb., India)

Translation & annotation

By

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**H. H. PARAM SANT PARAM DAYAL
FAQIR JI MAHARAJ**

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CHAPTER I

MIND, THOUGHT, ACTION AND BEYOND

गुणानीत गुण सगुण सवरूपम अविनाशी राधास्वामी ।
निराकार साकार अनुपम, सुखराशी राधास्वामी ॥
दीना नाथ कृपाल दयाला प्रतिपाला जगदाधारी ।
सत्तलोक सत्तधाम निवासी, सतवासी राधास्वामी ।
विरज विभो मंगल दानी चेतन धन विमल आनन्द महा ।
काम अकाम सकाम प्रकाशी कैलाशी राधास्वामी ॥
रूप रहित आकर रहित मन अमन रहित अदभुत धामी ।
नहीं नाम अनाम नहीं नामी सर्वानामी राधास्वामी ॥
गुरु रूप में महिमा है इस रूप में प्रेम मिले मुझ को ।
मन वचन कर्म से जप करूं राधास्वामी राधास्वामी ॥

“Immutable attribute, manifested form, Imperishable Radhaswami. Formless, manifested, incomparable, peace-giver Radhaswami. Forlorn’s Protector, Beneficent, compassionate, nourisher, The Lord. Sat Lok, Sat Dham’s Dweller, Dweller-in-Truth Radhaswami, Lord of the World, Pleasure-Giver, Conscious self, bountiful and Blissful.

Desire, Desire-free, desire's enlightener, The Lofty Radhaswami. Non-Being, Unmanifested, mind, mind-free, The Dweller of the Unique Abode. No name, Un-named, not named, All-named Radhaswami. They praise in Guru's form, may I attain Love for this Form. I recite in mind, word and Deed, Radhaswami, Radhaswami."

Radhaswami! You have read this hymn of His Holiness Hazur Data Dayal Ji Maharaj. I question to myself, "O Faqir, what do you do? What for you have woven this Spider's Web? My brothers, friends and people of the world, ever since my child-hood, I had a craving to find out "SOMETHING." My sincere desire and search for this "SOMETHING" led me to the hallowed feet of His Holiness Hazur Maharishi Shiv Brat Lal Ji Maharaj through a vision. His Holiness assigned me this duty, so that I may know The Truth. But the impressions of Sanatan Dharam that had ingrained upon my mind since childhood were different from the Philosophy of the saints. So, I felt perplexed. But due to my firm faith in His Holiness I could not leave Him. Then I took a pledge that I shall follow this path with sincerely and Truth and if succeeded to find out anything I shall speak the same to the world. His Holiness had advised me to become a True Faqir. In one of His hymns Data Dayal Ji writes:—

तू फकीर बन तू फकीर बन तू फकीर बन भाई ।
मैं भी तरुं फकीर चरन लग ऐ फकीर ! सुखदाई ।।
मैं नहीं राम कृष्ण का सेवक ईश ब्रह्म नहीं जानू ।
मैं फकीर का नाम दीवाना सब से बढ़ कर मानूं ।
जो फकीर मोहे दर्शन देवे अपना भाग सराहूं ।
अपने तन के चाम की जूती पग फकीर पहनाऊं ।।

("Thou be a Faqir, be a Faqir, be a Faqir my brother; I may swim across with thy feet O, Faqir Blissful, I am not a devotee of Rama, Krishna, know not Brahma and God, I have the craze for Faqir's Name, I accept it as supreme, If I get Faqir's Darshan, I shall thank my stars; shoes made of

my body's skin, shall put in his feet.”)

I have spent my whole life for becoming a Faqir. I was unable to attain the state of a Faqir. It was for this purpose that His Holiness gave me this duty. What is this state of Faqir or a saint? His Holiness defines:—

अपने भाव में बरतें निस दिन करें दया की वृष्टि

(“He dwells in his SELF each day, ever showering compassion.”)

But I was unable to recognize my “self”. Therefore in December 1918, A.D., His Holiness gave me this duty of Sat Sang saying, “Faqir, your Sat Sangies would make you a True Recluse.” Truly, your experiences have made me a faqir. How your experiences have helped me? Even since you told that my form manifests and guides you in your meditations, prescribe you medicines at the time of your illness, blesses you with a son, helps you in solving your questions papers and comes to lead the dead in an aero plane or on horseback, I was compelled to realize my “SELF”. Daily I receive a number of letters narrating such instances of my manifestations. But I remain totally un-aware. And those who are helped by my form they write long letters in my praise, which compelled me to know my FORM. My True FORM and STATE within me, where nothing manifests, and if at all something manifests I do not accept it. He who dwells in such a state is known as Saint or a recluse. A Faqir (recluse) dwells in his own FORM. I feel indebted to you, who helped me to realize my “SELF”. Hazur Data Dayal Ji wrote for me.

तू फकीर है मेरे प्यारे सुन फकीर की बानी ।
साधू कहें फकीर को भाई साधू जग सुख दानी ।।
पर उपकारी जन हितकारी गुरु के आज्ञा कारी ।
अवगुण त्यागी, गुण के ग्राही दया भाव चित धारी ।।
निज चित सोधें मन परबोधें जीव दोष नहीं दृष्टि ।
अपने भाव में वरतें निसदिन, करें दया की वृष्टि ।।

(Thou art my beloved Faqir, listen the word of a Faqir; Sadhu tells Faqir O, brother, Sadhu pleasure-giver to world. He is beneficent and benefactor, he is obedient of The Guru; he renounces vice accepts virtue, has compassionate feeling in heart. Purifies his conscience, keeps vigilant mind, and sees no fault of any being, he dwells in his self each day, ever showering compassion).

These are the qualities of a Recluse. He ever dwells in his own "SELF". There is no doubt that His Holiness Hazur Data Dayal Ji had great compassion for me, but you have also done me a great good. Your experiences directed me to my REAL-SELF. Now I remain vigilant about all thoughts and my mental visions, forms and scenes. I do not allow myself to get involved in them. A Recluse, who keeps the physical form of his Guru in his mind or makes LIGHT and WORD as his ideal, he is not a Saint or a True Recluse. A saint dwells at un-told, infinite, unfathomable and the un-named state. I always make efforts to dwell at that state. But so far I have not been able to stay at that state for a longer period. Now the question is what shower of compassion, such a saint can make, who dwells at that state? I do not know how Hazur Data Dayal Ji Maharaj and Swami Ji Maharaj used to shower their compassion. What I understand from it, I tell you. Our Physical existence is a combination of three things i.e., body, mind and soul. But our Real SELF is different from all these three. Our REAL SELF is NEITHER body nor mind and neither Light nor WORD. SELF is different from them, but it is a WITNESS of them all. This Truth I could know from your company and thus in this old age I respect you as my Sat Guru. A true Sat Guru knows the Law that governs this Trinity i.e., body, mind, soul. Our physical, mental and spiritual existence is governed by a Law of Nature and that Law is known to the Sat Guru. By listening to him and by acting upon his advice, one's life is transformed. Man starts to live a happy, peaceful and contented life. The required guidance, advice or well-wishes given by a saint is known as his compassion. For example, a man is afflicted due to some reason. He approaches you, you sympathize with him and divert his attention and thought; he forgets his affliction and gets relief by your sympathy. This act of yours is your compassion for that man.

At present the human race is much afflicted and unhappy. Peace and happiness is not seen anywhere. What are the reasons of our unhappiness, peacelessness and restlessness? We are unhappy and restless due to our own wrong thoughts and wrong living. We ourselves weave the web of our own afflictions and distress and get ensnared to suffer. It is due to this fact that our scriptures and the Perfect saints advise us to remain pure in thought, word and deed, so that we may live a happy and peaceful life. Purity of conscience and desire is the foundation to a happy life. Whatever we feel and face in our physical, mental and spiritual existence is nothing but the reaction of our own, thoughts and desires, therefore our scriptures write:—

कर्म प्रधान विशव कर राखा । जो जस कीना तैसा फल चाखा ।।

(“Deed supreme in this world, fruit of thy deed thou must reap.”)

The deed is supreme in this world. Whatever we think or desire, that takes the shape of our deed. In this world, every individual, may be a saint, may be an incarnation or seer or Guru, is bound to reap the fruits of his deeds, which may be good or bad. No body is safe from the reaction of deeds. We face the reactions of our deeds in the state of awakening. But there are many such deeds, the reactions of which we face in our dreams. For example, sometime you feel afraid in your dream and you feel unhappy. And sometime you view some good scene in your dream, which gives pleasure to you. What is this? This act of unhappiness and enjoyment in the dreams is also the result of bad and good deeds. The impression of whatever we do or think gets imprinted upon our mental state, and it magnifies in different forms on our dreams, thus making us happy or unhappy. It is a different thing that when we come to the state of awakening, we do not experience the afflictions of the state of dreaming. That who have Sat Sang, or who have faith in a Guru, the reaction of their deeds is either exhausted in their dream or in meditation. A man, who always frets, remains unhappy and feels miserable and that is the

punishment that he undergoes for his bad deeds. To feel the existence of distress is punishment and to feel the existence of happiness is reward. No one is an exception to the law of reaction of the deeds done, one may be a great devotee or a disciple of any Guru but the difference is that a devotee or disciple enjoys or suffers the reaction of his good or bad deeds in his dream or meditation. This is psychology. Your every action has its direct concern with your mind and conscience. The saints started this system of Sat Sang so that individual may understand how to keep his mind pure and remain away from evil or bad deeds. To remain Pure in Mind, Word and Deed is Shiv-Sankalp-mastu. This is the teaching of Sanatan Dharam. He who always frets and fumes, know that he has committed many sinful deeds.

I being a Faqir, shower compassion, by telling you the art of living a happy life. I am duty bound. His Holiness Hazur Data Dayal Ji gave me three duties:—

तो तो आया नर देहि में धर फकीर का भेसा ।
दुखी जीव को अंग लगा के, ले जा गुरु दे देसा ॥
तीन ताप से जीव दुखी हैं, निबल अबल अज्ञानी ।
तेरा काम दया का भाई नाम दान दे दानी ॥
तेरा रूप है अदभुत अचरज तेरी उत्तम देही ।
जग कल्याण जगत में आया परम दयाल स्नेही ॥

(“Thou have come in the human form, wearing the garb of a Faqir, take along with the grieved man, lead him to the guru’s Abode, man is grieved from the Trinity, weak, helpless and ignorant. Thy form a unique wonder, Thy splendid body; thou come in the world for world’s redemption, thou Param Dayal, The affectionate)”

In order of performing my duty, I wish to the mankind to remain clear in conscience. Your conscience is the root of your every deed. Suppose you, just throw a stone which hits someone and kills. Because,

you did not throw the Stone to kill the man, therefore, even the Govt. would not punish you for that action. I understand that if you do anything with a clear conscience and without any selfish motive you shall not suffer for that action. It is not the action which is cognizable, but the conscience and your motive. I do not know the art of blowing an air of mysterious charms from my mouth, possibly others might have. I only give a positive thought to those who come to me with one or other problem. Because I give positive thought with clear conscience, and people have faith that whatever I say that must happen, thus their faith works and they give credit to me, while I do nothing. I transform the negative thought into a positive one and this is what I do. Whims and doubts of a man vanish in the company of a saint and man attains peace. My distinction lies in this fact, that those who come to me and attend my satsang, their whims and doubts must vanish and they attain peace then I am not a saint, but the condition is that the man should come to me with a desire of attaining peace. Generally it is seen that people do not come to me for peace or True-knowledge, but for the solutions of the worldly problems or for getting blessings for the fulfillment of their worldly desires. If you have faith, you shall attain your cherished goal. I give my opinion according to my observations and readings, but I never give any weak thought.

I tell you an art of living a happy life i.e. always remain hopeful. If you remain always hopeful, then your faith shall make you successful in every field of life. Never entertain any negative or destructive thought. Never think in terms of losses or failures. Never be a Pessimistic. He who fears, he is frightened. Everything attracts its similar thing. Money begets money. Happiness attracts happiness. A drunkard goes to a drunkard, a devotee to a devotee and a thief to a thief. With these examples I wish you to know the art of living. So be always positive and hopeful. Swami Ji Maharaj writes:—

गुरु तारेंगे हम जानी, तू सूरत काहे बौरानी

(Guru shall redeem its known, why thy face unpleasant)

These lines of Swami Ji Maharaj also refer to the positive living. Learn to have this faith that whatever happens, happens for your good. Whatever the Lord does, is for your good. If once this faith is confirmed, then whatever will happen, it shall prove good for you. As Mira Bai had this firm faith, that the boon of the Lord is always Nectar. And when she was given poison with the name of Lord's boon, it worked as Nectar and not as poison. This is the result of faith. If you think that a particular member of your family is bad, then even good things done by him for you, would prove bad for you; because, you have faith that he is bad. You are householders. I am telling you the art of living a happy family life. Be always hopeful and try to have this belief: Whatever He does, is good for you." Human thought has a great power. The base of this world is thought. As you think so you become, as you sow, so you reap and as your mental state, so your fate. Therefore always watch your mind and your thoughts. Be always careful about your thoughts.

Listen, I am revealing you the secrets of living a happy and successful life. If you would consider your children as bad, as wicked and always condemn them negatively, then your own thinking about your children would turn your children as bad or wicked. This secret I learnt from His Holiness Hazur Data Dayal Ji Maharaj. Once I went to His Holiness at Lahore. A three or four year's old child of the daughter of His Holiness was playing there in the court-yard. I had great love for that child. Out of love, I said to that child, "You are very dirty child." Hazur Data Dayal Ji was sitting inside. He over-heard and at once called me inside and advised me not to say dirty to any one, explaining that the flow of your thought travels to the individual addressed and it affects him. As you know, a newly born child gets the influence of the lady who touches him or her first, because the mental state of the child being clear, receives all impressions and suggestions very easily and his life is formed by these primary impressions. Give suggestions of that career to your child, to which you wish him to send. Therefore, mother's duty is not limited to the feeding of her child but to imbibe in the child, Positive and constructive-impressions, upon which in fact depends the entire life of the child. This is a key for making your children successful in life.

His Holiness, Hazur Data Dayal Ji used to inject very high thoughts. Sh. Durga Das was a young boy at that time. His Holiness used to say, "Bring Seth Durga Das." Hazur Data Dayal gave him the thought of a "Seth" and today he is "Seth." His Holiness used to address me as Faqir (a recluse). Whatever I was a Faqir or not, but, the thought of His Holiness made me a Faqir. I address my son as "Padam the Great" and now he occupies a great position. I am telling you the secrets, so that you may live a happy and peaceful life. This world is the creation of minds. Your thought has the greatest power. Therefore, always give high thoughts to your children and to your near and dear one's. Do not hate anyone, otherwise, your hatred would spoil the life of the man you hate, and it would prove harmful to you as well. If you hate anything or man you are sure to suffer at hands of that thing or the man sooner or later. Nothing in this world is worth hating. Once there was a Satsangi, but he used to come to me after drinking. I developed a feeling of hatred for him and wrote to His Holiness that some Satsangis indulge in drinking here. In reply to my letter Hazur Data Dayal Ji wrote, "Because you hate drunkards, you will surely face them." After sometime a new Assistant Station Master was transferred to my station. He was a great drunkard. He used to sell the tickets for his wine, and thus cause me a great trouble. At that time I remembered the words of His Holiness. He, who always condemns the wine-takers, would surely join the society of drunkards. So, do not hate anybody or anything.

His Holiness Hazur Data Dayal Ji has written that the chief duty of a Faqir is to liberate the beings from the Yama, even by suffering himself. I questioned myself that can I help anybody in getting liberation from the Yama? Friends, I have established this Manvata Mandir and have done the work of a Guru. But I have not done anything for myself. My every work and word is for the liberation of the mankind. My teaching for the attainment of liberation is, that whatever, feelings, thoughts and sanskaras arise in your mind, they have no existence. They are simple impressions but you think them as True and thus suffer or enjoy accordingly. He who realizes this truth, that his "SELF" is different from his feelings, thoughts, impressions, scenes

and forms, stands liberated. But those who consider them as true they do not, time and again, I say, that I do not go anywhere and manifest to anybody. As my manifestation is not a Reality, similarly, these feelings, thoughts, impressions and other inner scenes are not a Reality. If at the time of death someone remains conscious of this fact that whatever scene, form or color visualized by him is not a Reality but an illusion, he would not remain in the realm of mind, but would merge in the LIGHT. He would attain liberation. From whom you are to attain liberation? None but from your own mind and its creations. I have explained you the sublime Truth in most simple words. But those who have a habit of following a difficult path would you like my Truth explained so plainly. In this regard I tell you an example. Physician Ajmal Khan was known for his diagnosis and prescriptions. Hundreds of poor patients used to line up his way, when he had to go to the Mosque for his prayers. He used to prescribe them a receipt of one or two paisa each. The poor patients used to recover from their illness with his cheap prescriptions. Once, the Nawab of Kabul also fell ill and he came to Ajmal Khan for treatment. Ajmal Khan wrote for him a receipt of Rs. Three or four hundreds. After some days, that Nawab disguised himself as a poor patient and stood amidst the line of poor patients. When Nawab's turn came, Ajmal Khan prescribed him a receipt of two paisa as well. The Nawab was astonished and he asked the Physician, "If he recognizes him?" The Physician replied that he recognizes him. Nawab asked the Physician, that why such a great difference in a recipe of rupees three to four hundreds and a receipt of two paisa form the same illness and for the same patient? The Physician replied, that in the first instance you came to me as a Nawab and had I prescribed to you a cheap treatment, you would not have believed and not recovered. And now, the position in which you have come, this prescription would prove useful and you shall recover. It proves that those who follow the difficult path do not recognize the importance of going an easy way. So, those who carry the whims of religion or Dharma in their minds would not believe in my simple explanation of the SUBLIME TRUTH. I have made the path the easiest, the simplest and the shortest. Even a man with little common sense can understand my views. I have explained you the easiest way for the attainment of liberation. You may follow it or may not. I have done my duty and I shall continue to do it till I am alive.

धर कपास की गति विमल चित, नीरस विशुद्ध कहावें ।
सहें विपति कठनाई जग की, और का दोष छिपावें ।।
सरल सुभाव रहें जग मांहि, अपना रूप संभारे ।
औरन के अवगुण नहीं देखें, दया का मर्म विचारें ।।

(Hazur Data Dayal Ji writes to H.H. Param Dayal Ji Maharaj explaining the qualities of a Faqir as:

“A Faqir is known for the purity of his mind and he does not keep anything in his mind, like white pure cotton which does not contain even any moisture in it. He tolerates misfortunes and difficulties of the world, hides the faults of others. Lives in world with simple nature, takes care of his “SELF”. See not the shortcomings of others, reflects the secret of compassion.”)

He who criticizes and condemns others, himself becomes a victim of criticism. That is why saints do not criticize or hate anybody. Hazur Data Dayal Ji never used to condemn anybody. His life was very practical. But I lack many things yet. He always used to give positive thoughts.

सुख देवें दुःख हरें निरन्तर, क्षमा करें अपराधा ।
हंसी, खुशी, आनन्द प्रेम गीत, अगम, अलेख आबाधा ।।
नाम फकीर धराया तूने, हो फकीर अब सांचा ।
जैसा नाम तो गुण भी वैसा, मन, कर्म सहित सुबासा ।।

(“Destroy the distress, give happiness ever, and pardon the wrong doing, of joy cheerfulness, pleasure, tranquil state, unattainable Unseen and Infinite. Thou art named as Faqir now. As is the name so be the attributes, with fragrance of mind and deed.”)

His Holiness Hazur Data Dayal Ji wishes me to become a True Faqir. I have spent my whole life for becoming a Faqir. This work was given to me for becoming a True-Faqir. In old days there was no custom of plain

speaking in the religious world-and only symbolic hints used to be given to the True aspirants. I have taken the rod of Truth in my hands. When I sit alone, I often think, "Faqir, you claim yourself to be a Saint of the times. To which NAME you can initiate the mankind." I have not followed the traditional method of initiation. My word is NAME. If somebody has faith in what, I say, and lives a practical life, his worldly life, would surely be happy and peaceful. He who is not happy in world and is worried about his worldly needs, his mind would remain restive. And if such a man would undertake the practice of NAME, his restive mind would become more perverted and he shall become unhappy. It is due to this fact that I do not initiate anybody. I tell the technique of living a happy life. If you are initiated and you undertake practice of meditation by putting your fingers in your ears for hours, but if your character is not good, you shall not be happy in your life. Your contemplation or meditation cannot be perfect and true. Because everything depends upon your inner conscience and your deed. Your deed is the reflection of your conscience and conscience has deep relations with mind. If your mind is not pure, it would definitely spoil your conscience thus leading to bad deeds and making you unhappy. You have come for a Sat Sang. I am telling you a secret which can help you in making your worldly life happy.

Now, I question my own self "Faqir have you become True Faqir (Recluse)? Though I have not yet become a cent-percent Faqir, but up to 95% I am Faqir. If so, then what showers of compassion can I make? I give a true opinion and a perfect advice by understanding the mental and spiritual psychology of a man. And those who accept my word, they do gain and live a life of peace and happiness.

मोह, मैया और छल चतुराई, छोड़ें मूल विकारा ।
परहित लागी सहज वैरागी, ज्ञान, बुद्धि, भंडारा ।।

("Attachment, delusion, deception, cunningness, renounces all the mortal sins. Other's well-wisher, a natural ascetic, he is a story of wisdom and knowledge.")

This is what Hazur Data Dayal Ji has written for me, I do self analysis, whether I have renounced attachment, delusion, deception and the thinking of mine and thine? From the status that I enjoy now, if I conceal anything with the motive that people should remain in my grip, then what sort of Faqir am I? Also those Mahatmas who concealed the Truth and kept their devotees in dark, accepted offerings for establishing big centers they did indulge in the acts of deception and mortal sins. World may name such Mahatmas as Saints, but I do not agree. I have not indulged in any act of deception or fraud. Had I done so, I too would have collected lakhs of rupees and established many centers. I speak the truth, that I do not manifest anywhere, not do I know anything about the instances of my manifestations. That is why I claim that I have come from the un-named center in the garb of a Faqir to speak the truth of the saints, but this world is not appreciating my plain speaking.

सुनते नहीं हैं दुनिया के ग़ाफ़िल मेरा कलाम ।
बेदार हो के कहता हूँ, ताबीर खुयाव की ।।

(“Men of the world do not listen to me, having awakened I but interpret the dream that is life.”)

Your thoughts have indelible impressions upon your mind and at times these very impressions are visualized by you in different forms, colors or scenes during your awake, dreaming and meditating states. The thought is the seed of the deed and everyone is bound to reap its fruit. This principle of DEED is irrevocable and this is the Law of Nature. At present you know, how the smugglers and the Black-marketers are being arrested and interrogated. This is the result of their own deeds. Those who have evaded the arrest somehow or other, they do have fears that haunts them is also a punishment to them for their bad deeds. Therefore, be always indebted to the Guru, True-knowledge. Learn to have control upon your thoughts so that your deeds are good. All the misfortunes, miseries and hardships that the mankind is facing today are the result of our own

deeds. The future of mankind is not bright.

इब्तदाये इश्क है, रोता है क्या ।
आगे आगे देखना, होता है क्या

(“ 'Tis the beginning of the SCENE why do weep look for the happenings of henceforth.”)

I am very fortunate man who got the refuge of the hallowed feet of Hazur Data Dayal Ji. His compassion for me and your experiences revealed me the secret.

दुख कलेश सह अपने सिर पर, जीव का करें सुधार ।
भव दुःख भंजन काम निकन्दन, यम से दे छुटकारा ।।
है फकीर का नाम प्यारा, मैं फकीर का दासा ।
तन, मन, धन फकीर पर वारुं, बसूं सुसंग सुवासा ।।

(“Tolerating pains afflictions himself, transforms the being. He the Destroyer of the pain of existence, annihilator of desire, gives..... release from the Yama. Lovely the name of Faqir, I am the slave of the Faqir, sacrificing, body, mind and wealth upon Faqir, may I ever enjoy the fragrance of good company.”)

I am very grateful to you. You come and help me in performing my duty. Your presence encourages me to express my inner feelings. From the company of a True Faqir man gets peace. Hazur Data Dayal Ji used to say, “Afflicted people come to me, I listen them attentively and give them sincere advice and opinion and they go with smiling face.” So, if you have power, wealth and knowledge then do utilize them in the service of the poor and the needy. This is all that shall accompany you. Is alone he a Faqir, who occupies a religious seat. Does the possession of a higher seat make a man hermit? Every person can be a hermit. The motive is to give peace and happiness to the distressed and the needy. First of all give help and happiness to your own family members. Serve

your old parents and render all possible help to your sister or brother, when they are in need. Look after your children to the best of your capacity and make their character. But generally, we see that people have enmity with their own Kith and Kin and they try to please others by serving them. He, who cannot have peace and happiness in his own home, will not gain anything by serving others or by pleasing others. Charity begins at home. First look after the needs of your family members and your children and if then you have something, do help others. But if your own children are starving and you give alms to others, it is no charity. That is rather a big sin. The purpose is to serve the mankind. So serve those, who are attached to you by Nature. I followed this principle in my life. I know the problems of a family life. If once you become a little careless in your duties towards your family members, they shall get annoyed or rather shall turn against you. But a true hermit is he who remains calm within and continues to perform his duties tolerating all harsh treatments at the hands of family members. I have lived such a life. I lived very wisely. Many a time I helped my needy relatives without telling my wife. To live the life if a hermit is most difficult. It is a practical life. Your family members would not only accept your all services, but would condemn you as well, for your short-comings. But if you help and serve the outsiders, you shall gain fame. People shall give you all honor and praise you for your generosity. Therefore to become a Hermit is very difficult.

कठिन नाम है कठिन काम है, कठिन फकीर कमाई ।

जग के भाव दुःख नासैं पल में, जब फकीर जग आई ॥

(“Difficult the NAME, difficult the WORK, difficult Hermit’s life. Distresses of the existence (BHAV) vanish in a moment, when a hermit comes in the world.”)

To become a saint is not an easy work. It requires sacrifice. It is like walking on the edge of a sword. You are to listen to all types of chidings, and taunts from all corners. Wearing of Yellow garbs do not make one a

hermit. A True Faqir removes all the afflictions of the existence (i.e. of body, mind and soul). A Hermit brings change in the mind and thoughts of a man, by which mental afflictions of the man vanish. This is what I have understood.

Today starts the new month of Bhadon (August), I heartily wish a happy and peaceful new month to the whole of my country.

भादों मास तीसरा जारी, धौं लागी सब जग को भारी ।

(The Third month of Bhadon starts, the entire world under heavy fire [due to worldly fire of desire.]

Every individual has one or the other desire in his heart. For the fulfillment of it he runs from place to place, but it remains unfulfilled and thus he feels miserable. This fire of desire is burning everyone in one or in other form.

तीन ताप का बड़ा पसारा, इक-इक जीव घेर कर मारा ।
काम क्रोध, मद, लोभ सतावें, माया ममता आग लगावें ।।
जल जल जीव पड़ें घबरावें, छूटन की कोई जुगत न पावें ।

(Threefold affliction vastly spread, surrounding, killing every being, Lust, wrath, ego and greed harassing, illusion attachment setting fire. Burning beings lay in anguish find no device of attaining liberation.)”

Many young boys come to me with different problems. Some one is failing in his exam. The other one suffers from some disease and still another has no balance of mind. I know the root cause of failure in exam or of disease. Such boys indulge in sex at pre-mature age, and when I tell them they admit this fact. Therefore, time and again I stress on this thing that sex is the root cause of all disease, worries, failures and afflictions. At present, thousands of boys and girls are indulging in mental and physical sex at their very pre-mature age and thus they are

spoiling their lives. They fall on easy prey to different diseases and then they are either exploited by doctors or by sadhus. That is why, I am bringing a change in our preaching. Take care of the character of your children. This is the most important thing to be cared for. Now the times have changed, so change yourself. Health is the most valuable gift of nature, if you do not maintain it, you would not be able to achieve anything in this world. I carefully looked after my son (Sh. Padam Jang). And the result is-that he occupies a high seat in a big concern of Indian Govt. He is happy and I too am happy. This very lesson I taught to the sons of Sh. H S. Gupta of New Delhi. They acted upon my advice and today they are most happy. Recitation of Ram Name is a different thing but to make life a happy one is a different thing.

कोई कर्म कोई धर्म सम्हारे, कोई विद्या कोई जप-तप धारे ।
कोई मन्दिर जा मूरत पूजे, कोई तीर्थ कोई व्रत में जूझे ॥
यह सब भूले भटका खावें, कोई न इनकी भूल मिटावे ।

(“Some one the deed and the other adorn religion, some receive teachings and the other undertakes penance and recitations. Some go to temple and worship the idol, some go on pilgrimage and the other keeps fasts. They all are mistaken and gone astray, none is there to put them on right path.”)

I often think that what right the saints had to denounce all the religion practices? They really had the right to denounce, because whatever contemplation, meditation or any other work we do, we do it with our mind. Mind is ever changing, therefore whatever we do that also gets changed from time to time. If today you have succeeded to achieve something, the other day you are sure to lose it. Thus in this game, we do not get eternal peace. The saint does not depend upon mind. He follows the path of “Surat-Shabd-Yoga”, that is attunes his “SELF” with the unbreakable sound (ETERNAL SOUND) within and there is no change. Swami Ji Maharaj has written.

भक्त, उपासक, योगी ज्ञानी इन सब चक्कर खाया ।।

(“Devotee, worshipper, yogi, learned, all are mistaken.”)

All actions done by mind do undergo a change sooner or later. There is no doubt, that such actions would give you pleasure and happiness, but you would not attain peace and liberation. For the attainment of peace and liberation, you shall have to follow the path of “Surat-Shabad-Yoga”. I did a lot of meditation with my mind. Saw most wonderful scenes and enjoyed visions of Ram, Krishna, Brahma, Vishnu and Mahesha. I have had talks with Lord Rama and Krishna face to face, but without PEACE. It is from your company and experiences, that I attained PEACE. Your experiences proved me, that whatever forms, visions or scenes I used to enjoy within, they were all the creations of my mind. It helped me to go beyond the realms of mind, while living in mind. I have understood the mind and its working. Now I do not allow my “self” to get involved in mind and its creations. Your mental meditation would increase your will power and it would help in fulfilling your worldly desires, but it would not give you release from the cycle of transmigration. For Release, it is only the path of Surat-Shabd-Yoga that would help. It is due to this fact that saints have given so much importance to NAMA. Uttering of the word Rama, Rama or Radhaswami, Radhaswami with your Tongue is not the NAME. The NAME is to listen the ETERNAL-SHABD within with your SURAT. The saints have referred to this Eternal-shabad with different names as “DHUNATMIK-SHABD” and “UDGEET”. Muslim saints have named this SHABD as “SULTANULAZKAR”. There is no difference between “DHUNATMIK-SHABD” and “UDGEET” or in “ETERNAL-SOUND” and “SULTANULAZKAR”.

क्या पण्डित क्या भेष गृहस्थी, यह सब बसें कालकी बसती ।
चौरासी में बहुत भरमावें, नर्क स्वर्ग के धक्के खावें ।।
जो कोई उनसे कहे समझाई, उलटी मानें करें लड़ाई ।

कलयुग कर्म धर्म नहीं कोई, नाम बिना उद्धार न होई ।।

(“What a Pandit and a house-holder, they all form the Population of death. They remain deluded in Eighty four, suffer the pushes of Hell & Heaven. If somebody advises them, they misunderstand and fight. No rite or religion can benefit in this age of Kaliyuga, without NAMA there shall not be any Release.”)

To listen the Eternal-Sound with Surat is NAME. He who listens the SHABD with Mind, that is not NAME. What is this SHABD? It is sound within. Where there is motion, there is sound. Blood circulates in your head. The BELL CONCH, MARDANG, RARANG & SARANG are also the creators of sounds within. But their sounds cannot be termed as SHABAD or NAMA and it can only be listened with Surat. This Secret cannot be realized unless you know that your “SELF” is different from your mind. So, the first important thing for knowing the Truth and for attuning your SELF with the Eternal-sound is that you must know your “SELF” and mind.

नाम भेद है अतिकर झीना, बिन सतगुरु कहू नहीं चीन्हा ।
जपने में सब गये भुलाई, नाम अगम कोई भेद ना पाई ।।

(The secret of Nama is most subtle, none has seen it or realized it without a Sat Guru. All are lost in the recitation, NAMA the un-attainable, none has known its secret.)

This is a subject of Practice a regular practice which cannot be understood without a Guru a perfect guide. He who has tread the path of “Surat-shabd-Yoga” knows well about the intricacies of this path and only he can guide the True Seeker to the Eternal-Shabd.

जो सतगुरु पूरे मिल जाते, तो वे भेद नाम का गाते ।

(“Had I got the company of perfect Sat Guru, He would have revealed to me the secret of Nama.”)

In the writings of Swami Ji Maharaj, in the Adi-Granth and in all the scriptures of Sanatan Dharam, time and again the stress is laid on having the company of a perfect Sat Guru. But in this world some people claim that Baba Sawan Singh Ji is a perfect Guru, others say that their Guru is the only perfect Guru while the others claim that Baba Faqir is a perfect Sat Guru. This is nothing but faith if These people in their respective gurus. Guru is not the body of a particular man. The perfect guru means perfect-knowledge or perfect understanding. From whomsoever you get this PERFECT-UNDERSTANDING he is your Guru. The present Gurus who occupy the religious seats of big religious centers, do not speak the Truth to the disciples they rather try to keep them within Their own circle. I plainly say that I do not go to help anybody in any form. It is your own faith that helps you. But these gurus do not speak this truth, rather they propagate such instances in such a way that people should believe that their Guru really comes to guide and help then and thus their Guru is a great and supreme. This is the biggest hypocrisy which I have never liked.

Generally, you know, that of a man knows about the tricks of a Juggler, he would not be attracted by his show. But contrary to it, a man who is ignorant of his tricks would enjoy his show and even would give money to the Juggler. Similarly these Mahatmas and the Gurus play tricks with the ignorant masses, keep them in dark and exploit them. If they reveal their tricks, then who would come to them and offer them money. They do not disclose the true meaning of Nama and keep the devotees attached to their own mortal existence. This policy of their's has proved very dangerous to the ignorant disciples. Many of the disciples committed suicide, when there gurus died, because they could not tolerate separation from their gurus. This is the result of wrong teachings of these gurus. These gurus are responsible for the deaths of these ignorant devotees, because they did not unveil the truth to them. This is the greatest sin.

Once, I was sitting at a shop. One man known to the shopkeeper came there. The shopkeeper enquired about the well-being of his family. That man, instead of telling about the health and happiness of his family started to abuse the Radhaswamis. I thought that he was abusing the Radhaswamis, because of me. But when he went away, I enquired about him from that shopkeeper. The shopkeeper told "he is an officer in the Army and have five/six children. His wife was a disciple of some Mahatma of Radhaswami faith. When the mahatma died, his wife jumped into the river and died. Now his life is miserable and hat is why he abuses the Radhaswamis." Now you yourself decide, that had that Mahatma disclosed the truth to his wife, she would not have committed suicide by jumping into river. Guru is not a particular body in human form. Guru is Immortal and Imperishable. Neither he takes birth nor he dies. Therefore, I always say, that this physical frame of mine is not Guru. My "WORD" is Guru. Listen it attentively and adopt it in your practical life. It is the "WORD", which is Immortal and Imperishable and not my body.

बाणी गुरु, गुरु है बाणी, बाणी अमृत सारे ।

("Word is Guru, Guru is Word, Word Nector everywhere.")

When you come for the Sat Sang, listen and understand the WORDS of Satsang. Do not be blind follower of any Guru. I agree that man is ignorant and he can not understand the sublime-Truth so easily, but it is the duty of a Guru to make his disciple understand the Truth. He whom my form manifests he would definitely come and offer me hid hard earnings and would serve me. But of I do not speak him the truth, then what would be my fate? I have come in this world with a purpose of speaking the truth. My mission is different than of these gurus and Mahatmas.

नाम रहे चौथे पद माहीं, यह ढूँढे त्रिलोकी माहीं ।

("Fourth Stage the Abode of NAMA, they search It in the Trinity.")

NAMA dwells in the Fourth stage i.e. beyond the stages of body, mind and soul. Reference to this truth is also made in the Gita, but there is none to reveal it. All Gurus and the Mahatmas are busy in attracting the people to their own circles. Either these Mahatmas themselves are not aware of this sublime-Truth or they do not speak it for their selfish motives.

तीन लोक में नाम न पावें, चौथे लोक में सन्त बतावें ।
तीन लोक में बसता काल, चौथे में रहे नाम दयाल ॥
सोई नाम सन्तन से पाते, बिना सन्त नहीं नाम समाये ।
अब मार्ग का भेद बताऊँ, आंख खुले ते भेद लखाऊँ ॥

(“Name not found in the three regions, saints tell it in the fourth. Kal dwells on three worlds, NAMA Dayal dwells in fourth. That Nama is attained through the saints. Without saints none can merge in the Nama. Now I disclose the secret of that path, if you open your eyes, then I can reveal you the secret.”)

“Open your eyes” means-you should have correct understanding. Correct understanding can be had only by sitting at the hallowed feet of a perfect man and by listening to His Word.

पहले सुरती नैन जमावे, घेर फेर घट भीतर लावे ।
बिरह होये तो यह बन आये, मेहनत करे तो कुछ फल पावे ॥
देख तिल पिल जोत समावे, अनहद सुन मन बस में आवे ।
मन बस होये तो सुरत जागे, निरख आकाश आत्मा पागे ॥

(“First bring attention in the eyes, controlling it then fix in mind. This becomes possible when separation from the beloved Supreme is felt, some, FRUIT can be attained by undergoing practice. Beyond the third pupil and merge in the Light, mind gets fixed by listening the ANHAD i.e. unbreakable sound. Mind fixed then Surat awakens, by viewing the Ether Soul gets the Path.”)

Until the mind is not controlled. The Surat can not awake. Due to your experiences my mind came in my control. Your experiences with my manifested form convinced me, that whatever I had been visualizing with in, was nothing but the creations of my mind. Then I was obliged to go beyond the mind. Those who understanding, inward practice without correct-undertaking or Sat-sang their will-power gets increased and thus they fail to realize the higher stages of spirituality. This increased will-power proves very harmful in the long run. Many of my close associates suggest me that I should not speak the Truth so plainly, because it ends attraction. But I am helpless. I am bound to speak the Truth. I have come for this very purpose.

शब्द पकड़ परमात्म निरखे, आत्म जाये परमात्मा परखे ।
परमात्म से आगे जाई, सुन्न महल में बैठक पाई ॥
सुन्न के परे महा—सुन्न लेखा, महा—सुन्न पर खिड़की देखा ।
खिड़की आगे चौक अपारा, चौक परे निरख सत—द्वारा ॥

(“By attuning to Shabd sees the Lord, the Soul there examines the Supreme-soul. This goes beyond the Supreme-soul; gets its seat in the Sunna-Palace. Beyond Sunna the state of Mahasunna, a window is seen. A head of Mahasunna an infinite square yard, beyond square-yard, see the Door of Truth.”)

These are the inner stages. They can be understood only by those who undertake regular inward practice.

सत पुरुष सत नाम कहाई, सतलोक निज धाया आई ।

(“The True-Being known as Satnama, comes to the Sat-lok. He himself.”)

Had there been any saint, I would have asked him about his Sat-LOk. What I understand about Sat-Lok is that it is a state, where Surat abandons the mind and then it merges in the Light and remains attuned to

the Shabd. It is a state of PERFECT BLISS. There is no colour or form of any God, Goddess or Guru. His Holiness Hazur Baba Sawan Singh Ji used to say "There is nothing except Light and Sound in Sat-Lok."

यह मार्ग सन्तान ने भाखा, भेद प्रकट कुछ गोप न राखा ।

(This Path is explained by Saints, Truth revealed kept nothing secret).

The saints of the past explained the Truth symbolically. But I have revealed it in very plain words. But, unfortunately you do not come to me for seeking the Path of Sat-Lok. You come with worldly desires. Therefore, I wish to say that always try to remain pure in your conscience. Be vigilant about your mind you shall have a happy life. The Path of saints is other-worldly and it is for liberation from the Cycle of transmigration.

लोक वेद बस जो जिव होई, सो परतीत न लावे कोई ।

(He who is lost in religious ceremonies, he can not have the confidence.)

He who is too much involved in the religious ceremonies and in the writings of scriptures, he can not develop faith in the preachings of the saints.

लोक वेद में पड़े नाग पांच डस खाये ।

जन्म—जन्म दुःख में रहें, रोवें और चिल्लावें ॥

जिन सतगुरु के वचन की, करी नहीं प्रतीत ।

नहीं संगत करी संत की, वे रोवे सिर पीट ॥

("Those who indulge in religious ceremonies, are victims of five snakes i.e. Lust, wrath, greed, attachment and pride. They suffer afflictions from life to life, they weep and cry. He who has not developed faith in the word of Sat Guru. He who has not lived developed faith in word of Sat Guru. He who has not in the company of a saint, he laments and

weeps.”)

The Saints did not disclose the Truth to anybody. Is there any saint, who says that he does not manifest anywhere to any body? There is none. All have tried to maintain the Secret. Then how can they be named as saints? You have come. Whatever service I can do I have done. I have told you a right and True-Path of living a happy life. I have good wishes for you. Who-so-ever comes to me, I wish that his desire be fulfilled. I have nothing more than my good wishes for you, your desires are accomplished by your own faith, but you give the credit to me. I know that none can give you anything. It is your own faith and belief that works. Guru Nanak writes:

मँन्ने की गति कही न जाये ।

(“The gains of faith cannot be explained.”)

Have this faith that whatever happens, happen for your good. Whatever pleasure or pain you get, that is all the result of your own deeds. What would you gain by crying or weeping? As for Sat-Lok is concerned it is not for the general masses. It is a Path to be adopted by saints alone. You should not yet think about this sublime-state. As and when your time comes, you shall automatically come to this line. Keep a watch upon your mind and remain pure in your conscience. If you have good thoughts, your life will be good, and of you have bad thoughts, they will definitely bring miseries for you. According to the theory of Newton and the Principles of science, every action is followed by its reaction. The motion of our every action, or our every thought goes up in the higher centers of Cosmos, from where it reacts to its origin with a multiple force. Therefore, purity of mind, thought and action is most essential for having a happy and peaceful life.

At present, Hatred and Jealousy dominates everywhere. Therefore, to expect that there would be peace in the country, would be

only a wishful thinking. The fruit of those thoughts which have already spread in the cosmos must be reaped. Their reaction can not be neutralized. But, if constructive, pure and good thoughts are entertained in future, then the reaction of past thoughts and actions can be minimized. But it cannot be totally neutralized. I have seen the lives of great saints and devotees who miserably suffered the reactions of their own thoughts and deed. They could not save themselves.

My duty is, to awaken you. I work for you as your watchman. You may open your eyes or may not. You may listen and act upon my word or may not. Do not come here for a show. Come in the Sat-Sang for the purpose of making your life. You should come to Sat-Sang with a mission, only then you would gain. My word, the perfect-knowledge that I give you, would stand by you at the time of necessity and not I. You are mistaken. So, try to remain pure in mind, thought and action, it would make your life happy and-enable you to have correct understanding.


RADHASWAMI TO ALL

CHAPTER II

POWER OF MIND AND THOUGHT

There are numerous sects and religions in the world. The worshiper of Rama considers Rama as the Supreme-Being. The Devotees of Krishna think or believe that Lord Krishna is omnipotent and omnipresent. He who worships any god or goddess believes that his Ideal is all in. In 1905 AD when I went to Hazur Data Dayal Maharishi Shiv Brat Lal Ji in search of Truth, I was told that Guru is greater than ant Ishwara or God. His Holiness Hazur Data Dayal Ji writes in one of his hymns:—

मैं नहीं राम कृष्ण का सेवक ईश ब्रह्म नहीं जानूँ ।
मैं फकीर का नाम दीवाना, सब से बढ़ कर मानूँ ॥
जो फकीर मोहे दर्शन देवे, अपना भाग सराहूँ ।
अपने तन के चाम के जूती, पग फकीर पहिनाऊँ ॥

(“I am not devotee of Ram, Krishna, know not Brahm and God; I have craze for Faqir’s “name, I accept it as Supreme. If I get Faqir’s glimpse, I would think my great fortune. I would put in Faqir’s feet the shoe made of my body’s skin.”)

This line of the saints or hermits was a new thing for me. Because earlier, I was a great devotee of Lord Rama and Krishna. The Sanatan Dharma had indelible impression upon my mind. Thus I had a pledge at that time, that I would follow this Path of saints with Truth and sincerity and whatever realizations and experiences, I would gain, I shall speak, to the world. At that time His Holiness Hazur Data Dayal Ji had said to me:—

तू फकीर बन तू फकीर बन तू फकीर बन भाई ।
मैं भी तरुं फकीर चरन लग ऐ फकीर ! सुखदाई ॥

(“Thou be a Faqir, be a Faqir, be a Faqir my brother; I may swim across with thy feet; 0; Faqir Blissful.”)

This was a new thing for me. His Holiness Hazur Data Dayal Ji has written that Guru is greater than, Ishwar, Permashwar, Parmatma, Brahma and Par-Brahma. The opinion of the saints and the other Gurus is also the same, so to know the greatness of the Guru, I spent my whole life in this very search. To the best of my knowledge I have tried to obey the dictates of my Preceptors Hazur Data Dayal Ji. I do not know, whether I have been able to come up to the expectations of Hazur Data Dayal Ji or not. But my conscience is very clear and I have no selfish motive.

Hazur Data Dayal Ji writes:—

मोह, मैया और छल चतुराई, छोड़ें मूल विकारा ।
परहित लागी सहज वैरागी, ज्ञान, बुद्धि, भंडारा ॥
दुख कलेश सह अपने सिर पर, जीव का करें सुधारा ।
भव दुःख भंजन काम निकन्दन, यम से दे छुटकारा ॥

(“Attachments, delusion, deception and cunningness, renounces all the mortal sins; others well-wishers, a natural ascetic, he is a store of

wisdom and knowledge. Tolerating pains afflictions himself, transforms the being; He the Destroyer of the pain of existence, annihilator of desire, gives release from the Yama.”)

You have read these lines explaining the qualities of a hermit. I am very true to myself. I question to myself, “are you a fake Faqir? You claim to be a Sat Guru of the time and even write yourself as Sant Sat Guru-Wakat. You tell, how can you give release to the worldly people from, attachment, delusion, and Yama? How can you destroy their pains and annihilate their desire?” These questions often Lurk in my mind. Am I not justified in asking these questions to myself. That why I do this work in such an old age? The individual is very much engrossed by attachment and greed and thus he is unable to get release from the circle of Yamraj. He suffers and enjoys at the mental level. Some people go to Hell after death and some go to Heaven. What is this game? I question to myself Anand Rao (addressing Sh. Anand Rao Ji) that can my Sat Sang save the individual from the circle of Yamraj? Yes provided, the individual wishes save himself. He who is unhappy in this world, and is very much dominated by his mind and he aspires for liberation from the cycle of transmigration, there is surely a way out for him. But there is no way out for these people why?

Many women and men come to me. Some say that the daughter is not yet married, others pray for a male issue, still others are unhappy due to their disobedient children and some others are distressed due to some other reason. Every one is unhappy or distressed due to one some other reason. Every one is unhappy or distressed due to some other reason or the other. Who is satisfied and happy in this world? Can such people benefit from my discourses. Yes, they can surely benefit, if they follow the Path that I tell. His Holiness Hazur Data Dayal Ji gave me this work, so that I may become a true Faqir (Hermit), so that I may go beyond the realm of my mind; How did I go beyond the realm of my mind and how can you go? This is an important question. But who comes to me for going beyond mind, and its circle? You ask yourself, if you have come for this purpose.

None I suppose. Your thought has the greatest power. As you think so you become. As you sow, so you reap. As is your faith, so is your fate. These are the universal truths. All our scriptures refer to these principles. If, a man once comes to know that his mind has a great power and that if learns the art of controlling it, then he can easily make his life happy and peaceful. This art of controlling the mind can be learnt from the Sat Sang. Sat Sang has the greatest importance. It gives true-knowledge or perfect understanding. There are two paths in this world i.e. (i) Worldly (ii) other worldly. I shall explain them in nutshell with an effort of giving you the maximum understanding.

The first path is of our worldly life. It is the creation of our thought. For example, a big businessman is sitting here. He has great establishments with huge profits. Suppose, if he receives a telegram informing that all his establishments have been raised to ground by a sudden fire, then what would be the color of his face? He would turn pale with in moments. He would loose all his balance, though he has not yet seen his loss with his own eyes. A simple thought of the destruction of his establishments turned him pale. What does this prove? It proves that man's thought has a great power. A good thought, word or news brings brightness on the face, whereas bad news, word or thought brings sadness. This is the game of thought.

Some years ago, the scientists of England made an experiment on the power of thought. This experiment was made on two criminals who were awarded death punishment. Two separate rooms were earmarked for these convicts. One room was completely insecticide, whereas the other room was fully equipped with most dangerous and affective germs of various diseases. This news was published in the newspapers, sometimes ago. When these rooms were ready, these convicts, were brought. One of these was shut in a room, which was completely insecticide and clean. He was told that because he had been sentenced to death, therefore he is being shut in such a room which is full of most dangerous germs and that he would be no more by morning. Though, the

room was completely clean, but the convict was given this thought, that he would die by morning due to the fatal germs. The other convict was put in that room, which was actually full of dangerous germs. But he was told that his room is quite safe and clean. He would have sound sleep and complete rest before facing death the next day. Next morning, when both the rooms were opened, the convict of the actually clean room was dead whereas the convict of the room which was full of dangerous germs was alive. Why it happened so? It were not the germs that proved fatal but the thought. The room was very much insecticide but the thought of germs that was given to the convict killed him. On the other hand, the room was full of germs, but the thought; that room is all safe for sound sleep, saved the other convict. Thus it proves that thought is the most powerful thing in the world. As you think, so you become. Your own mind is the maker of your life.

You might have seen the hypnotists and the mesmerists. They can hypnotize any one with the power of their thought. They earn thousands of rupees by arranging big shows of hypnotism, which you might have seen. This mesmerism or hypnotism is nothing but a concentrated power of thought. Then what should we do in order to make our life happy and peaceful? We should correct our thought. We should watch our mind. Primarily parents are responsible for making the career of their children. The thought of the mother and then of father leave an indelible impression upon the mind of a child. This is a proven fact.

You might have heard about the Hamayun the Mughal King. He was defeated by Sher-Shah Suri. Hamayun had to run away to forests for shelter. His wife was pregnant at that time. One day when they were in the forests, the pregnant Begun started to draw a map line on the ground. In the meantime Hamayun came there and he asked his wife about what she was drawing on the ground. She replied, "I am wishing that my would be child should rule over vast territories of India, which I have drawn in this, map." This is an historical fact. Akbar proved to be a great Mughal emperor. His empire extended over the vast territories of India as desired

by his mother. This was the result of his mother's thought and desire. Now you yourself decide what type of thoughts and desires you have for your children.

I give you yet another example from a sacred Puranas. There is a story in the puranas that there was a king, whose wife was a virtuous lady. She gave birth to six children, but all of them became mendicants at the age of eight or nine years. One day the King complained her, that whosoever is born to her becomes a hermit; who would occupy his throne? She replied, "The son, whom I shall give birth now, would occupy your throne:" Actually she gave birth to most brilliant son and he proved to be a greatest king. What does it prove? It proves that mothers have the greatest responsibility for making the human race. Our scriptures, and other books are full of such instances. But we rarely bother to learn anything from them.

At present, the human race is passing though a very unhappy phase of its life. It is an age of strikes, gheraos, arsoning and of indiscipline. An honest and gentle man is finding it very difficult to live in such atmosphere. Honor of women is most unsafe. They cannot move out without a risk. During good old days, the women, could move from Peshawar to Madras wearing all ornaments, without any fear. But today they are being robbed or stabbed during broad day-light. The Govt. is doing its best to establish law and order in the country. Parents make all efforts to make their children obedient and noble. But all in vain. Why it is so? The entire present generation is born and not procreated. They are the by-product of out sexual enjoyments. We indulge in sex not for procreating. We are ourselves not self controlled and self disciplined. So, we should not expect that our children should be disciplined I have been ordained to reveal the Truth:

तेरा रूप है अदभुत अचरज तेरी उत्तम देही ।
जग कल्याण जगत में आया परम दयाल स्नेही ।।

("Thy form unique, wonder, thy splendid body; Thou came for world's redemption, Param Dayal the compassionate.")

What should I do, which can redeem the mankind? I am not a magician, nor do I believe in an imposition. I impart true knowledge in my Sat Sangs. Those who wish to beget noble children, those who want that there should be peace in the country and those who want to live a happy life, I write for them, that the thought that dominates the couple at the time of sex enjoyment, lays that the foundation of the life of the would be child conceived. A particular soul is attracted according to the thoughts at the time of conception. This is what I have understood. This is the truth. You may accept it or may not. I am doing my duty. Woman is not for sexual pleasures but for begetting noble generation.

The first and foremost knowledge that our sages used to impart was the method of begetting noble children. But today, the values of life have changed. Woman is considered merely a source of sexual enjoyment people drink for indulging in sex. They procreate under the influence of drinks. How can such parents expect that their children would be helpful and useful to them? There are a few parents who do not have any complaint against their children. You study your life and watch your surroundings, You have come for a Sat Sang. In Sat Sang true-knowledge is given, perfect understanding is given. In Sukhmani Sahib it is written:—

सतपुर्ष जिन विवेकिया सतगुरु तिसका नाम ।
ताके संग शिष्य उभरे नानक हरि गुण गान ॥

("He who has realised Sat-Purusha, he alone is known as Sat Guru; His company elevates the disciple, Nanak sings the praise of Lord.")

Serve him listen to him and obey him, who has realized the True-Being or the Sat-Purusha and who has understood Him and seen Him. Accept him alone as the PERFECT.

सिमरो सिमर सिमर सुख पायो, कल कलेश तन माहीं मटायो ।
सिमरो जासु विमुम्बर एकै, नाम जप्त अगनत अनेकै ।।
वेद पुरान सिमरत सुधाखर, कीने राम नाम इक आखर ।

("Meditate, and gain happiness by meditation, remove all distresses from within the body. There is one Lord meditate only upon One, numerous people meditate numerous names. The scriptures (Vedas and Puranas) do too meditation; the name of Rama alone gives the support.")

What for, you come to a Sat Sang? You come for correct understanding. Who can give correct-understanding? Only he, who has known the Sat-Purusha.

जिम्हा एक उस्तत अनेक, सतपुरुष है पूर्ण विवेक ।

("Tongue one, numerous commendations, Sat Purusha is the perfect understanding.")

So, far having a happy and peaceful life, one must have perfect understanding. First of all correct your volition or thought. "SHIV-SANALPAMASTU". Be virtuous in your thought. This is the Philosophy of Vedas. You read the text of vedic prayers. There in it is written, "O; God, those who enmity with us or against whom we have enmity, vanish our thoughts of enmity." The knowledge that I wish to impart is, that O; man, whatever you have gained, whatever you gain and whatever you shall gain, that is all the fruit of your deed, faith and belief. None can give you anything. Guru's duty is to give you a positive thought. I never give any negative or destructive thought to any body. I always remain optimistic. If some afflicted comes, I do say, "your work will be done, or your disease will vanish." Because, people come to me with faith, so their desires stand fulfilled and the credit comes to me, I do not give anything to any body. It is

the faith that works.

Sh. Omkar Ram S/o Sh. Borgwa Mahadev is sitting here. About 20 years ago, when I came here (Mehma-birdal, Hyderabad) his father was ill. I along with Bhai Nandu Singh and Sh. Mamchand went to see him. He said, "Baba Ji, can not the Deeds be nullified." I replied that they can be nullified with faith. He said that he has firm faith in me. Then I asked him, if he can give some charity? He thought, that I would ask for some money, because a temple was being constructed at Hamankunda at that time. He was very rich man and was willing to donate upto One or two lacs. He glanced at his son. But I did not tell him, that what would I ask him to give in charity. A prohibit was called for performing the required ceremonies for the charity. When the ceremonies were over, I asked Borgwa Mahadev to give me in charity the fruit of all his sins and bad deeds if life and told him that he should have this faith onward that he has no sins to his credit. He did so. Sh. Borgwa lived a healthy life for twenty years more. Who cured him? Do you think that I cured him. No, His own belief and faith, that he had given me the fruit of all his sins, cured him. The entire game of this world is based upon, thought, belief and faith. Time and again our scriptures advise not to have negative or destructive thoughts.

I am telling you the art of living a happy and peaceful life. If you go to your wife with the intention of procreating a noble child, you would positively beget a noble child. Why do I say this? I have my own life's experiences before me. I had no issue. I returned from Barsa-Bagdad after twelve years. His Holiness Hazur Data Dayal Ji directed me to beget children. I knew this law. I procreated one son who was named by His Holiness as Shah Padam Jang. He is now a big officer in one of the biggest undertaking of the Govt. of India. I have never got any chance of complaint against him. I am disclosing the secrets of my family life for your benefit. I have been a man of religious thinking. My eldest daughter was yet to born. At that time I had a desire, that my child should not have any lust, wrath, greed or attachment. Being a religious minded, I had a whim, that these things are big enemies of man. Daughter was born. I did arrange her nice

marriage. But she did not stay on with her husband. Her husband had a second marriage. She stays with me. She has no attachment and no greed. Her mother died. She wept only when some close relatives came for condolence, and when some other people came, she never wept. One day I enquired from her that why she did not weep when some outsider come. She replied, that it is not essential only when our own kith and kin come, otherwise it is not, so, it proves that she has no attachment. I want to convey to you SOMETHING important. Try to understand, if you have brain. His Holiness, Hazur Data Dayal Ji had gone to America. I went to His hermitage. I had unbound love for His Holiness. I brought home all His worn out clothes and wooden sandals. This very daughter was to born. I had to attend my duty. Thus I told my wife, that the new born child be wrapped in the worn out clothes of His Holiness. This was my faith of ignorance. But now, I understand the impact of the acts of my ignorance upon my daughter. She does not wear new clothes. She wears the old clothes by stitching them, whereas she has no dearth of good new clothes. Her brother is very careful about her. By His grace everything is available at home but she does not wear good clothes. This is the impact of my thought and my acts upon her. She is not to be blamed. Understand, what I am saying to you and try to adopt it in your practical life.

I have come here to tell you certain principles of practical life. I have great compassion in my heart. I wish to tell you with sympathy, that if you want to live a happy life, then correct your thought and be always optimistic. Procreate good generation. I tell you another experience of my life. He who touches the new born child first, influences the child to a greater extent with his/her thought and radiations. I give you a proof of such an influence. I was posted at Ferozpur. There lived Sh. Dalip Singh in my neighborhood. He had a very charming and handsome son, but his wife was very quarrelsome. The modern wife women have their own way of living. When husbands go to attend their offices, the ladies prepare puddings and eat to their fill. But when husbands return they complaint about headache or stomachache. The poor husbands have no alternative, but to cook themselves and to nurse the so called ill wives. Sh.

Dalip Singh was one of such husbands. Another man Sh. Mool Raj also lived there. I told him, that as per my observations, the son of Sh. Dalip Singh would not survive. Sh. Mool Raj asked for the reasons of death of that handsome child. I told that actions and thoughts of his mother would kill him. The nature must punish her for her misdeeds and thoughts. The sacred festival of Diwali was approaching. Two days earlier to Diwali, that boy suffered from Pneumonia and died on the night of Diwali. When Sh. Dalip was weeping Shri Mool Raj told him that Pandit Ji had fore-told that this child would die. Then Sh. Dalip came to me to enquire about the cause of his son's death. I told him, "brother, whatever happens to you happens as per your deeds of the past and the present." You have come for Sat sang. I wish to give you true-knowledge so that you may be able to make your life by transforming your thoughts. No Mahatma or any Guru would give you anything. But, if you have faith, then you would definitely benefit. Man suffers or enjoys according to his own thoughts. I do not quote any scriptures, but teach you the lesson of practical life. Many a time, man falls victim of wrong impressions and wrong suggestions even against his own near and dear ones, as brother, wife or husband. His Holiness Data Dayal Ji had told me the significance of Name. The name of my younger brother was Dherro Mal. His Holiness said, "what a dirty name." Hazur Data Dayal Ji changed his name from Dheroo-Mal to Surinder Nath. As is the name so is the nature. This impression was engraved upon my mind and I suffered a lot due to this impression.

At present the traditional methods of marriages is totally discarded. Boys and girls see to each other and talk to each other, before they get married. In those old days when I was married, neither the boy nor the girl could know anything about their would be life partner. It depended upon the decision of either parents, mediator or the prohibit. Neither the boy nor the girl had any say in their marriage. There was a custom, that after the solemnizing of marriage ceremony, husband and wife were to see each other from behind a curtain and name each other once. After this ceremony both wife and husband were supposed not to name each other throughout the life. I was married in a village and the marriage was

arranged in a traditional way. My wife's name was told as "Karodhu", which means an angry lady. As I learnt her name, I carried this impression, that I shall not be able to pull on well with her. This whim that she is an angry lady over-powered me. Her all actions were viewed by me from this very particular angle. Even her best services were not approved by me, though I did not condemn her or manhandled, but I never appreciated her any work. Thus my own thought about her became a great source of trouble for me, whereas there was nothing wrong with her. These instances, though are very ordinary yet they are very valuable. Ultimately I wrote to His Holiness Hazur Data Dayal Ji. His Holiness wrote me thus:—

भागवती जब भाग में आई, अब भागन में कौन बड़ाई ।
वीर समान धर्म को पाल, मौज करेगी आप संभाल ॥

("When Bhagwati has come in thy fortune, now what is the gain in running away. Perform your duty as a brave man; The will of the Supreme shall take care of you.")

His Holiness named my wife as Bhagwati and thus transformed my thought. Then we lived a very happy and peaceful life. You are householders. Always try to have good thoughts. Whims and doubts disturb our family life. If once you doubt that the behavior of your brother is not good towards you, then even his good behavior would prove harmful to you. Because, you have thought him bad for yourself. At present our country is a victim of this very disease. The political parties nourish hatred against each other. The ruling party may even shed its blood for bringing peace in the country, it will not succeed. Because, the opposition always believes that ruling party is bad and corrupt. I hope that you understand what I am conveying to you. Your thought is very powerful, so learn to utilize this power.

After some time, Sh. Dalip Singh was blessed with a daughter. That new born girl wept for 21 days continuously. Sh. Dalip Singh did his best to stop her weeping by ringing bells or by giving her medical

treatments, but to no use. He had to pass his nights, without any sleep. Ultimately, Sh. Dalip Singh came to me and told, "Baba Ji, my new born girl does not stop weeping!! When I asked him to show her to some doctor, he told that he had consulted five to six doctors, who have said that she has no trouble. Then I told him that; there can be two reasons for her weeping (i) There is possibility that your wife was weeping when you cohabited with her and she conceived (ii) This child must have been touched, when born by a lady who was herself weeping. He went home and enquired about the nurse who attended the delivery. On enquiry, it was learnt, that only two days before the delivery of this girl her real brother had expired, and when she was called to attend the delivery she was attending a condolence gathering of her kith and kin at that time. When she came she was weeping. He again came to me and told the whole story. I gave him PRASAD and asked him to keep the girl in the bed of flowers. He acted upon my advice and the girl stopped weeping. These are the experiences of my life.

In our society, when a child takes birth, the word "OM" is written in honey on his/her tongue with a finger. Why it is written? Because, the child, should get pious samskaras. The initial samaskaras become the foundation of the child's life. It is due to this fact that our sages have laid down different rituals and ceremonies right from the time of conception of a child. But today, these ceremonies are looked down upon. Our small kids do not speak, but they understand each and every act of ours. When parents quarrel, the clean heart of the children gets the effect and they too indulge in the habit of quarreling. They can not escape from the impact of the acts of their parents. This is a law of radiation. The children silently imbibe the traits of the character of their parents. I honestly wish to perform my duty. I do not teach you, Ramayana, Bhagwat Gita or Sar-Bachan. I teach you an art of living a happy and practical life.

There is one couple with one daughter. Both husband and wife do not see eye to eye and the daughter observes her parents. She would unknowingly develop the habit of quarreling. After marriage she would

surely live the life of her own mother. The impressions and suggestions received in the days of childhood last with the life. Now a days school teachers indulge in strikes and gheraos. They do not hesitate even from burning the National Property. How do you hope that their taughts would become disciplined and loyal citizens of the nation. You think over this vital problem of the country and the society. Our elected representatives, both at state and national level always plead for national unity. You ask them, whether they themselves do have good terms with their family members. If they cannot live in unity in a smaller circle, if they cannot bring peace in a small unit of family then how can you expect that their teachings would bring, unity in the country? Forget it, forget it. It can never be possible. Why do I say so? The modern scientists have proved, that human body works like a radio transmitter. It emits waves which influence the people around and the surroundings. These waves in subtle form carry the inner feelings of the man to other people. It is due to this fact, that company of pure, virtuous and good people is sought:

साधू संग झगड़ा भला, साकत संग न मेल ।
बकरी के गल गलथना, जा में दूध न तेल ॥

(“Disputes better with a Sadhu, no intimacy with a wicked, the dewlap of she-goat contains neither milk nor oil.”)

Sh. Bhoop Singh is sitting here. When he came to me, he was not a follower of Radhaswami faith, rather he had hatred for it. I do not have any ill-will or hatred against anyone. Now Bhoop Singh is all for me. From this what I want to convey is that you should not nourish any hatred or ill-will against anyone. Always have control upon your mind and this is what our scriptures preach. Be pure in your mind, thought and Deed. Lead an honest and good life. Times have changed. The young boys and girls who fail in their examinations and feel miserable, the root cause of their failure is non-maintenance of physical and mental celibacy. They indulge in mental and physical sex at pre-mature age, and thus they are sure to fail in their lives. Many parents came to me with complaints about their

unsuccessful children. Yesterday a lady came to me with her son and complained, "Baba Ji, he does not obey me, he has failed in his examination and he troubles me." I asked the boy, that does he waste his semen by fowls means? The boy admitted. Therefore, I wish to tell the young boys and girls that if they want to succeed in their lives and if they want to remain happy, they should take care of their character. In fact parents are responsible for the character of their children. If Abhimannu could learn the art of Penetrating the Chakravayu, while in womb, then why our children should not indulge in the art of sex at pre-mature age because, we indulge in sex while our children are in the womb. Arjun simply spoke to his pregnant wife, about, the art of penetration into the chakravayu, and Abhimannu in womb had an ever lasting impression of this act upon his mind. During the war of Mahabarat he successfully penetrated the Chakravayu of Kaurva, without having any training of this art. If this can be possible, then our children too must have the impressions of our acts that we indulge in, when they are to born This is Truth.

O, my mothers, sisters and daughters, I feel shy when I speak on this subject. But I am obliged to reveal this truth, Because I am duty-bound. I am ordained to work for the redemption of the world. You may accept my WORD or may not.

Radhaswami to all

CHAPTER III

MIND, ILLUSION GOD AND SALVATION

अमृतधार बहाइये सतगुरु जग तारन ।
हम सब काल कर्म के मारे, दया से अब तो जिलाए ।
कर्म न ज्ञान न भक्ति न सेवा, कोई उपाए बताइये ।
काठ की नाव में लोहा भारी, कैसे ही उस को तिराइये ।
चरण शरण की प्यास है भड़की, अमृत बूंद पिलाइये ॥
तृष्णा अग्नी दहे शरीरा, दर्शन दे के बुझाइये ।
नाम दान दे अपना कीजे, अब कुछ देर न लाइये ॥
मैं हूँ पतित तुम पतित उधारन, हाथ पकड़ के उठाइये ।
त्राह—त्राह शरणागत आया, निज पद छाँह दिलाइये ।
राधास्वामी सतगुरु पूरे, सत की राह लगाइये ॥

("Flows the current of Nectar, sat-guru The redeemer of world;
we all are dominated by TIME AND DEED, be merciful and burn them
out now. Neither deed, nor knowledge, devotion nor do I know the
service, tell me any method. Heavy iron fixed in the wooden-boat,
swim it across somehow or other. The Thirst of refuge in thy feet has

burst forth, quench it with one drop of Nectar. The desire of fire burns the body give thy Darshan and extinguish. By initiating make me thy own, delay not now o, supreme Lord. I am guilty, thou are the redeemer, pick me up thy own hand. Lamenting do I seek thy refuge; give me shelter of thy feet. Radhaswami, the perfect Sat Guru; put me on the path of Truth.”)

Radhaswami.

You have read this hymn. What does the Sat Guru do? He speaks the WORD. His WORD puts an end to the struggle of life of a man. I question myself, “Faqir, you claim to be a Sant Sat Guru, how can you end the struggle of human beings? What do you wish to tell them, which can put an end to their struggle?” What do you wish to tell them which can put an end to their struggle?” His Holiness Hazur Maharaj Ji has written in one of His hymns:—

सुरतिया सोच करत, अब किस बिध उतरूँ पार ।
गुरु भेदी ने भेद बताया, सुरत-शब्द मार्ग रहो धार ॥

(“Surat Ponders, now how to get across; the realized Guru disclosed the secret, follow, on the path of Surat Shabd.”)

Surat thinks, how to go beyond this world? What secret Swami Ji disclosed to Hazur Maharaj Ji, this is only known to them. The secret, that the kindness of the realized Guru has revealed to me. I can speak to you. I have claimed to be a Saint Sat Guru wakat. I wish to reveal to you, that whatever feelings, thoughts, colors, scenes and forms are visualized by you within are not the reality, but they are the impressions and suggestions of the deeds of this as well as of the previous life. These very impressions and suggestions are magnified by the mind in the state of awaking, dreaming and meditation.

We are all confined to the circle of mind and unless one goes beyond the circle of mind one’s struggle of life can not end. His Holiness Hazur Data Dayal Ji had written to me:—

तो तो आया नर देहि में धर फकीर का भेसा ।
दुखी जीव को अंग लगा के, ले जा गुरु दे देसा ।।
तीन ताप से जीव दुखी हैं, निबल अबल अज्ञानी ।
तेरा काम दया का भाई नाम दान दे दानी ।।

(“Thou have come in the human form, wearing the garb of a Faqir; Take along with the grieved man, lead him to the Guru’s Abode, Man is grieved from three-fold afflictions, weak, helpless and ignorant. Thy duty is to be compassionate, and to impart The True NAMA.”)

I disclose the secret and reveal the truth to the world. I wish to perform my duty sincerely as ordained by his Holiness Hazur Data Dayal Ji. Yesterday, letter from some lady was received. She wrote, “Baba Ji, you appeared in person to me and said”, you have not paid me my debt and you did not serve your husband. You are a sinner. You took me along with. Showed me Manavata Mandir, your own home, Delhi and then showed me a temple and Gurudwara at Amritsar.” She further writes that she told me, “I have not done any worship or practice in my life, but I am happy that you came to receive your debt from me.”

Now, you yourself decide that who was he whom she saw and talked to. Neither I went to her and nor do I know anything about this incident. It was the creation of her own mind. Her own self talked to her mind. This is the secret which is kept intact by the religious heads, gurus and Mahatamas, so that their centers may continue to flourish. But I have disclosed this secret, so that mankind may not be exploited anymore.

अमृतधार बहाइये सतगुरु जग तारन ।

(“Flows the current of Nectar, Sat Guru The redeemer of world.”)

Experiences of my life and my observation encourage me and I dare say that I am Sant Sat Guru-Wakat and shower the Current of Nectar.

Whatever "WORD" do I speak, it is loaded with deep meaning. The external Guru is the redeemer of the World. But he cannot redeem anyone by a puff of mysterious charm. He would disclose the SECRET to you and reveal the Truth. You can attain redemption by understanding the SECRET and by adopting The Truth in your practical life. Unless you understand your mind and its creations i.e. feelings, thoughts and forms you can not go beyond the realm of your mind. All devotees, disciples, ascetics and worshipers are ensnared by their minds. I myself have spent most of my life in the circle of my mind. I was not able to understand the Truth. His Holiness Hazur Data Dayal Ji used to make symbolic references, which used to be beyond my comprehension. In the past, this secret used to be revealed only to the true aspirants, otherwise it was explained in symbols. But I have abandoned this traditional path for the good of mankind. I speak it in plain words. Whatever volition buds-forth in our mind, that is according to our nature. It is as per the impressions and suggestions of past and present deeds and the impressions (samskaras) that we inherit from our parents. In-fact the makers of our lives are our parents.

Day before Yesterday, a man came to me and told that his daughter is Manglik (born under the planet mars placed in IV, VII, VIII, IX house) and that he has been in search of a Manglik Match for her, but so far he has not been able to find any one. I laughed and asked him that why Manglik children are born? He kept mum. I told him that when husband and wife do not have true love for each other, but still they indulge in sex for sexual enjoyment, the children born out of such union become Manglik. Which means, the absence of true love between husband and wife makes their child a Manglik. I know about my own children. The first name of my wife is Karodhu (which means angry). So, from this name I had this impression that I shall not be able to pull on well with her. I could not develop a desired attachment with her and the result was that a Manglik daughter was born. Those who have manglik children, they should analyze their own lives and decide. If someone has un-intelligent child, then he himself is responsible for the un-intelligence of his child. I should

say that he himself is un-intelligent. My own experience is a proof of it. I procreated one son with an intense desire for an intelligent and noble son. The result is that I have never got any chance of complaint against him. He is well-established in life and is highly paid. Therefore, I have changed the mode of preachings. If you wish to live a happy and peaceful life in this world of illusion (Maya) then bring a change in your thoughts. Be virtuous in your thought and deed and maintain tranquility in your family. To become husband and wife is a different thing, but to live as true husband and wife is entirely a different thing. There is a lot of difference. In the heart of heart husband and wife do not love each other but from worldly point of view they live together and work together. Such a married life can never prove useful to both husband and wife as well as to the Society. Be true to yourself and make your conscience clear to live a happy married life. Follow the principle of "Shiv, Sankalpam-astu." But unfortunately, the impact of our surroundings, the impressions and suggestions inherited from our lineage and Samaskaras of our own past deeds do not permit us to remain virtuous. To have virtuous and noble thoughts is not with in one's own power.

When saints found, that none in this world of Maya is happy, they propounded a method of going beyond the realm of Maya, so that man be able to attain release from both pain and pleasure or distress and happiness. The saints established the method of inward practice or Meditation so that man may cross the bonds of mind. Pain and pleasure is suffered or enjoyed at the mental stage. Once the mental stage is crossed both pain and pleasure vanish. State of equanimity prevails. I was unable to go beyond the realm of mind, but the experiences of Sat Sangies helped me. Now I am convinced, that no Guru, God, Goddess, Rama or Krishna comes from outside. Whatever manifests to a man that is his own samaskaras. His own samaskaras manifest to him in different forms according to his faith and belief. Sant Kabir writes:—

रमैया की दुलहन ने लूटा बाज़ार ।

सुरपुर लूटा नागपुर लूटा, तीन लोक मच गई हा-हा कार ।।

(“The Lord bride looted the Bazar, she looted Surpur and Nagpur. There was babel in the three worlds.”)

The bride of Lord means, the Maya of the Ishwar or the Creator. The people do not know anything about Ishwar or creator. Once a man from Banaras came to me and said that he wishes to see Ishwar. He asked me that I should show him the Form of Ishwar. I told him that Ishwar is the omnipotence. He creates the world. All say that Ishwar dwells in man. So the gross form of Ishwar in man is his own semen. Semen is the creator of human generation and a man who wastes his semen un-necessarily he is an insubordinate to God and a malevolent. You may worship god in any form, but if you do not take care of the gross form of God with in you, you are sure to face the miseries in your life. Your worshiped god shall not come to your rescue. The real worship of God in gross form is the preservation of your semen and its use only for procreation.

Secondly, God, desires. This world is an outcome of His desire. God had a volition to create this world and the world was created. So the subtle form of God in man is desire, volition, or thought. The entire world's, creation depends upon the desire or thought of God, whereas man's own life depends upon his desire or thought. In man, mind is the fabricator of desire or thought according to which his life develops. As you think so you become, as you sow, so you reap and as is your faith, so is your fate, so the subtle form of God in man is, volition, Desire or thought.

Third form of God is Light. Without Light there can not be anything in animate or inanimate form on this planet. This is the casual form of God and it is stationed in every being. The Ishwar dwells in each-Being in these three forms i.e. gross (semen) subtle (thought or desire) and casual (Light). Now you yourself decide that who is the real worshiper of Ishwar? The real worshiper is not he who recites the name of Ishwar in morning and evening and visits the temple or Gurudwara for ringing the bells or

singing the praise of Ishwar. But the true worshiper is he who does not waste his semen unnecessarily, he who has virtuous and noble thoughts and dwells at the state of Light within him. The evening prayer of Sanatan Dharam also refers to his truth. But today the Sanatan Dharm is confined to certain rituals and the recitations of Mantras alone. No body ever tries to understand Gayatri and undertake the inward practice to the center of Light referred to in this Mantra. The individual can transcend to the center of Light within only if he has maintained continence and has good thoughts. For living a happy and peaceful life one must recognize and realize the Three forms of Ishwara within himself.

What is Maya (Illusion)? When Soul in the form of Light enters the physical frame, then mind, chita, intellect and ego come into existence. The function of these four is Maya. This Maya or the output of the function of these four i.e. mind, Chita, intellect and ego is the bride of Lord. Maya ensnares the man in the world and it also liberates him. Maya captivates as well as liberates. If you understand this secret from the Sat Sang of a Realized one, then you can set right your Maya and thought. It is due to this fact that Sat Sang is given the greatest importance. The world has not understood its significance. People consider singing with harmonium as Sat Sang. They are badly mistaken, Satsang can be given only by a Realized man.

Yesterday, a man came to me and requested that I should participate in a Sanskrit Sammelan. I told him that because, I do not know Sanskrit, therefore my participation in the sammelan would not serve any purpose. When he was asked about the programme of that Sammelan, he told that during the day-session there would be speeches by different speakers and at night there would be a drama. Now, you can well imagine. The function is named as Sanskrit Sammelan and for attracting large number of people a drama is arranged. Mysterious are the ways of this world. There are different types of Sat-Sangs, different types of singers and different types of lectures. But a true Sat-Sang is that from where perfect-knowledge and correct –understanding is attained:—

बिन सत—संग विवेक न होई ।
राम कृपा बिन सुलभ न सोई ॥

(“Discretion not attained without sat sang. ’Tis not feasible without Lord’s Grace.”)

A Sat Sang from which you do not attain True-understanding is not a Sat Sang. Secondly, he who gives the Sat Sang, he himself must be free from Maya and he should be a dweller of Light and Sound. Thirdly, the perfect Sat Sang is the realization of your own “SELF”. Your “SELF” is the “TRUTH” and to dwell in SELF is the perfect Sat Sang. I was unable to understand this truth but your experiences, with my manifested form opened my eyes and now I always try to remain beyond my mind.

रमैया की दुलहन ने लूटा बाज़ार ।
सुरपुर लूटा नागपुर लूटा, तीन लोक मच गई हा—हा कार ॥

(“The Lord bride looted the Bazar, she looted Surpur and Nagpur. There was babel in the three worlds.”)

The followers of all different religions and sects worship their imaginary, Rama, Krishna, God, goddess or Guru and remain attached to them for ever. Such followers cannot attain liberation from the cycle of transmigration.

ब्रह्मा लूटे महादेव लूटे, नारुद मुनि के पड़ी पछार ।
श्रृंगी के भिंगी कर डारी, पाराशर के उदर बिदार ॥

(Brahma and Mahadeva were looted, Narad Muni had a miserable fall. Sringsi sage was deluded and Parashar developed Pain in his stomach (it refer to the failure of Sringsi and Parashar at the hands of Maya.)

The Maya (Illusion) plunders each and everyone within and there

are a few who remain safe from it. But Brahma, Shiva and Sage Narda were looted by Maya in the physical world. They fell victim to it when they were quite wide awake. They could not resist their carnal desire. Someone was infatuated by a beautiful girl while other one fell victim to a fascinating maiden. It is said that Narada be-sought for a handsome face from Vishnu so that he could become an attractive match for the damsel. But Vishnu favored him with the face of a monkey, which led to a miserable failure of Narada in getting the hand of that beautiful girl whom he wanted to marry. Similarly the great sages Sringeri and Parashar also fell victim to this Maya and they failed to save themselves, inspite of the fact that they were ascetics.

कन फूँका चिदाकसी लूटे, जोगेश्वर लूटे करत विचार ।

(“The initiated souls were also plundered and devout Yogis were looted while meditating.”)

Kabir writes that even the great Yogis busy in meditation were also not spared. They too were looted by Maya, because meditation also falls within the realm of mind. Thinking and visualization is within the preview of mind. Where these two functions exist, mind chit, intellect and ego work there. The liberation is beyond the functions of these four faculties.

हम तो बच गए साहब दया से, शब्द डोर गहि उतरे पार ।
कहें कबीर सुनों भाई साधो, इस ढगनी से रहो होशियार ॥

(“By the grace of Guru I am saved, I swam across by catching at the string of the eternal sound. Kabir sayeth listen O, saints, be ever alert from this Procures (Illusion).”)

Kabir write, that he was saved by the grace of the Guru. Does it mean that Guru saved Kabir by blowing an air of mysterious charm in his ear? Nay, Guru revealed to him the SECRET. Guru disclosed him the Truth and

showed him the inner path of Surat-Shabd-Yoga. This action is the grace of the Guru. The modern Guru-dom is all an humbug. None speaks the Truth.

सुरतिया सोच करत, अब किस बिध उतरूँ पार ।
गुरु भेदी ने भेद बताया, सुरत-शब्द मार्ग रहो धार ॥

(“Surat ponders, how to get across; the realized Guru disclosed the Secret, follow the Path of Surat Shabd.”)

As I claim to be a Saint of the Time, I am justified in asking my own-self that what is that SECRET which I wish to disclose to you? The SECRET that I reveal is that whatever, thought, feeling, colour, scenes and forms we have within they are not a Reality. They are the projections of our inherited samaskaras or the impressions and suggestions of our past and present deeds. These impressions and suggestions do not have any entity but we consider them as True and run after them. This is our ignorance. Unless you realize the root of your samaskaras or impressions and suggestions or say of your thoughts, feelings, colors and forms, you cannot go beyond the realm of Maya.

I have read out to you the contents of a letter received from that lady. I did not go to her. Whatever she saw, it was the creation of her own mind. It was her own thought. It is possible that she did not serve her husband in his life time and now she feels guilty. Her feelings that she did not serve her husband are visualized by her. It is not me who manifested to her. In young age individual is sufficiently strong to keep a check upon his emotions, thoughts and desires. But with the advent of old age, physical strength gets weak and mind becomes powerful, thus mind becomes more restive. Then individual visualizes the magnified samaskaras or impressions or suggestions of what he has already done. Then man feels helpless in controlling his mind. You might have seen many old men always murmuring because they fail to have control upon their mind, which makes their tongue to speak something. Something they see visions of their own samaskaras and enjoy or suffer accordingly. This is the SECRET that

I wish to disclose to the men of religious world. I wish to perform my duty honestly and sincerely. You may listen to me or may not, you may read any of my books or may not, you may come to my Sat Sang or may not come. I have not initiated any one as a Guru, because I understand that imparting of a particular Name would not benefit. Benefit can be had by understanding what I say and by adopting it in life. If I initiate people and make them my disciples, then I commit a sin. I would be a great sinner. What name these Gurus impart? They ask their seekers to recite inarticulately-The Five Name (Panchnam) or Radhaswami. Those who undertake this practice sincerely they do benefit. What do I do? I also give suggestions or guidance according to the nature of the seekers. Many have not attained anything, whereas many have been able to transcend to the higher stages of Light and Sound. Their lives had revolutionary changes. I do not follow the same methods for each and every body and I also wish that a seeker should always remain bound with me. The aim is, that you should have correct-understanding and peace in your life.

Mr. Azad-Rasul is sitting here. I am a Brahman and he is Mohammadan. But he comes to me and has regards for me. He told that he attended one of my discourses in Delhi. He had all vices, but after listening to me all his vices and short comings vanished. I did not know him or his name when he attended my discourse. But who vanished his shortcomings or bad habits? Listen me attentively. Only he swims across who has a desire to cross over. No one can help you to cross over. None has the power to do so. Had the saints possessed any such power, then they would have set right the members of their own families. Guru is to reveal to you the Truth and to adopt it in your life, is your bounden duty. The denunciation of gods and goddesses whom our forefathers worshipped and whom our sanatam Dharam had made the ideals of worship pained me very much. The writings of the Saints were a source of great affliction to me, because, I had been the worshipper of those Gods, whom saints denounced. When I came to the Path of Saints, I pledged that I would follow their Path Truly and sincerely and if I gain any thing I shall speak it to

the world. Therefore, whatever I do now, it is not a favour to any body. I am reaping the harvest of my own Deed. The Path of the Saints is that of "Surat-Shabd-Yoga" i.e. Union of "Self" with the Eternal sound within. It is not the union of mind with thoughts, forms or colors. This Path of Surat-Shabd-Yoga cannot be easily traced out. People generally follow the Path of mind. Somebody continues to contemplate upon the holy face of his Guru. Another one enjoys talking to his ideal and still another one follows some other method of Practice. All these practices of meditation and contemplation are within the domain of Maya. Swami Ji Maharaj has written:—

भगत, उपासक, योगी, ज्ञानी, इन सब चक्कर खाया ।

("Devotee, worshiper, yogi and learned, All are deluded.")

After reading such lines, I used to think, that I had a desire to see my Lord, but where the Nature has brought me? For me, Yoga, contemplations, mediation and learning were great things, but in the Path of Saints they were denounced and had no significance. I found myself in the state of perplexity. But my faith in His Holiness Hazur Data Dayal Ji was unshaking and thus I did not lose heart. My pledge, that I shall speak my realizations from this path of saints to the world, is compelling me to carry on this duty. I feel grateful to you that you help me in doing my duty. If you gain anything out of this work of mine, you may feel indebted to me or you may not, I do not make any claim.

अमृतधार बहाइये सतगुरु जग तारन ।

हम सब काल कर्म के मारे, दया से अब तो जिलाइये ।

("Flows the current of Nectar, Sat Guru The redeemer of the world; we all are dominated by TIME and DEED, be merciful and burn them out now.")

Kal Means time and karm means the thoughts of your mind. Time is ever changing and from this change man enjoys or suffers at his mental level. Every one has one or the other complaint. One is unhappy due to

quarrelsome wife, another one is unhappy due to disobedient son and some one else feels miserable at the hands of his brother. Who is satisfied and happy in this world? Each one of us has one or the other complaint. His Holiness Hazur Data Dayal Ji writes:—

जो शिकायत करते हैं, वो दुनियांदार हैं ।

जिनको शिकवा ही नहीं, वो महरमे असरार हैं ॥

(“Those who have the habit of accusation, they are the worldly people. And those who have no complaint, they are the realized souls.”)

Till one has got any sort of complaint, one is very much involved in the world. We are all involved in this world, in one way or the other.

कर्म न ज्ञान न भक्ति न सेवा, कोई उपाए बताइये ।

काठ की नाव में लोहा भारी, कैसे ही उस को तिराइये ।

(Neither deed, nor knowledge, devotion, nor do I know the service, tell me any method. Heavy iron fixed in the wooden boat, swim it across some how or other.)

How a Guru takes his disciple across the ocean of existence? Guru does not lead any one in Physical form, as the people generally believe. He reveals the Truth about one's feelings, thoughts, colors and forms, that one visualizes in his state of awakening dreaming or meditation. He proves to his true aspirants that whatever he visualizes within is Maya (illusion). He guides/directs the True-seekers to the state of savitri (Light) according to Sanatan Dharam or to Parkash (Light) according to the philosophy of Saints. He who fails to attain the state of Light within, fails to attain release from Maya. All ascetics meditators and the learned have remained within the domain of Maya and they shall remain, till they do not understand the Truth.

चरण शरण की प्यास है भड़की, अमृत बूंद पिलाइये ॥

(The thirst of refuge in thy feet has burst forth, quench it with thy one drop of Nectar.)

Generally people believe in having the refuge of Physical feet of a Guru. To bow to the feet of a Saintly man is our civilization and it is essential for knowing the secret of Truth. Unless you sit in a sat sang you can not understand the Truth. But in Sat-mat, Guru's feet means Light within and merger in it is the real refuge in the Guru's feet. Guru-Purana also refers to this fact that unless one goes beyond the realms of Para-Brahma (Light) and Shabd-Brahma (Sound) by reciting Gaytri-Mantra inarticulately and by contemplating at the holy form of the Guru. One can not attain liberation from the cycle of transmigration. Therefore there is no difference between the Philosophy of Sanatan-Dharma and that of the Saints.

तृष्णा अग्नी दहे शरीरा, दर्शन दे के बुझाइये ।

(The fire of desire burns the body, give thy Darshan (glimpse) and extinguish it.)

So far mind exists, there must exist desire in one or the other form. Mind sustains desire. In order to go beyond the domain of mind, you must undertake the inward Practice to the realms of Light and Sound. Otherwise you can not avoid re-birth at all.

नाम दान दे अपना कीजे, अब कुछ देर न लाइये ॥

(“By initiating, make me thy own, delay not now, O, Supreme Lord.”)

What is initiation? It is an act of telling the seeker, a method of meditation, contemplation and then of viewing the Light within and lastly to attune his-self to the Eternal Sound. This work is done by a Sat-Guru:

गुरु वाक्यम् मूल मन्त्रम्, पूजा मूलम् गुरु पदा ।
ध्यान मूलम् गुरु मूर्ति, मोक्ष मूलम् गुरु कृपा ॥

("Guru's Word the Chief advice, worshipable only Guru's feet For contemplation Guru's form alone, liberation is attained by guru's grace.")

The grace of the Guru is that he convinces you about the ultimate-Truth through his words. Your intellect becomes confident about the Reality. After becoming confident, then you are to become practical. It is your duty, Guru is not to do anything more, than disclosing you the secret and making you confident about it. But you ignorantly believe, that Guru can burn Kal (time) and Karam (deed) with his puff. You are miserably mistaken. None can burn out the fruit of the deeds that you have done. Had any Guru been able to do it- Then, he would have cured his own physical ailments first. It is seen that Gurus and Mahatmas themselves suffered miserably. History proves, that when Brahmans were in Power, they were glorified, when Muslims came in power, Qazis and Mullahs rose to the highest pinnacles of glory and when Budhism and Jainism became powerful, then Budhist and Jain monks got all the adoration. At present there is a flood of gurus and many wrong things are being Propagated for selfish ends. Nature has especially sent me here for revealing the Truth as realized by saints. Those who are fortunate will definitely benefit and those who are not, I can not help them. I have been telling my experiences of physical, mental and spiritual life without any reservation I have no selfish motive. Whatever I have been doing or I do it is all in obedience to the directives of my Preceptor.

जब दया गुरु की हो गई, चरनों की भक्ति मिल गई ।
सब निबलता मिट गई, निश्चय की शक्ति मिल गई ॥

("When Guru is compassionate, the devotion to His Hallowed feet is attained, all weakness vanished and attained the power of faith.")

How Guru is compassionate? He speaks the Truth and reveals the secret, which gives perfect understanding to the seeker and thus his weakness of mind vanishes away. The act of revealing the SECRET by the Guru is his compassion.

आ गए सत—संग में और संग सत का हो गया ।
दुर्मति जाती रही, जब गुरु के मत का हो गया ॥

(Came to the Sat Sang and-attained the company of the Truth; all ignorance disappeared, when became a practical follower of Guru's word).

प्रेम का प्याला पीया, पीते ही मतवाला बना ।
मन की सुध—बुध खो गई, भोला बना भाला बना ॥

(Drank the cup of Love and became intoxicated (Carefree) the mind became still and attained the state of equanimity).

Mind is the Bride of God, which keeps the man ever dancing. To go beyond it you must undertake the inward Path and attain the state of Light within. Only then you can attain equanimity.

पांव में मस्तक निवाया, चित से धारा गुरु का रंग ।
कीट जिसको पहले सब कहते थे, अब ठहरा भिरंग ॥

(Bowed to the hallowed feet, with Guru's form in the conscience, it (the seeker) became a black-bee (a kind of wasp) which was previously considered a small insect).

What benefit is drawn from the Sat-Sang and contemplation upon the holy form of a Realized one? It is similar to the relations of a Bharingi (a kind of wasp) and an insect, which is kept in a mud-house. Bharingi keeps on flying over the insect kept in the mud-house. The insect contemplates upon his captivator's form and ultimately gets itself transformed into a Bharingi from a Small insect. This is the impact of company and contemplation. Similarly a man a who lives in the company of a Realized and contemplates upon his Holy Form he too becomes Realized in due course of time. This is an established principle.

Now the question is, that how it can be ascertained that a

Particular guru or Mahatma is perfect? It is the question of your faith. You develop a confirmed faith that your preceptor or Guru is perfect. Your faith would lead you to the ultimate goal of your life. As you know, a child believes that a particular woman is his mother, so he would have sacred thoughts and feelings, for her, another man believes that she is his sisters, he would have different feelings for her and a third man believes that she is his wife, he would have different thoughts and feelings for that very woman. It is not a particular man that matters, but your own feeling, thoughts, belief and faith that works. Those who are over-intelligent, they fall an easy pray to delusion. Dhanna Bhagat attained his cherished mission from a stone, because his Guru told him that, that stone is God. Dhanna believed it is as God and thus his belief proved fruitful to him. Similarly Bhagat Nam Dev succeeded. This is blind faith, and those who are intelligent they can not have such a blind faith, and those who are intelligent they believe in Logic, and thus only correct-Understanding and true-knowledge can help them.

आप में आपा लखा, आपे में आपा ज्ञान था ।

भरम में लटका हुआ, भुला था और अज्ञान था ।।

(“Self perceived within Self, SELF was discretion itself; Lost in doubt and mistaken, was itself and ignorant.”)

I was mistaken in my early life. I had the belief that Guru lives in Lahore or at Dham. I used to weep in separation and write long letters to His Holiness Hazur Data Dayal Ji. His Holiness did his best to remove my doubts and ignorance, but I could not understand the Truth. Then His Holiness gave me this duty saying, “Obey me, carry on the work of initiating the seekers and give Sat Sang. You shall have the Darshan of Radhaswami Dayal in the form of Sat Sangies.” The words of His Holiness have proved very true. Now I adore my Sat Sangies as my True Sat Guru, because they helped in removing my doubts and ignorance.

शब्द के सुनते ही अन्तर में, जो विरती सो गई ।
छिन में पल में वासना माया की सारी खो गई ॥

(As soon as The SHABD is heard, Surat becomes extremely detached, within moments, the illusion's desire comes to end.)

What is gained by attuning self with the Eternal-Sound? One attains one's original state. What were we in our original State? Each one of us was a smallest germ (only visible through microscope) in the semen of one's father. So our original State is of a smallest germ. The radiations of Sun, Moon and Stars help in the growth of all vegetation. This vegetation is consumed by man in form of different foods. The consumed food-stuffs form blood and blood further forms marrow and out of this marrow, semen is formed. In that semen develops our original form that is the smallest germ. In fact the consumed foodstuffs by a man adopt the form of the smallest germ after passing through various changes in blood marrow and semen. But because all vegetation is developed by Light or its radiations, Therefore, our original form is Light. Without light there cannot be anything. This very light travels through vegetation to man's body, blood, marrow and Semen to woman's embryo for development as human being. This very Light is our Soul. You can not become Light simply by saying that you are Light. You must undertake the inward practice to cast away different gross subtle and casual covers that keep our SELF covered. The regular inward practice ultimately leads the seeker beyond the gross subtle and casual regions. But one can not make this Fourth state one's permanent Abode. But after attaining perfect knowledge about his "SELF", he lives in the world, he attends to his all worldly duties, yet he does not involve his "SELF" in this world. This state of living is known as JEEVANMUKTA in the language of saints. The attainment of this State is the aim of all religions and the Saints. But this state can not be attained easily. It can be attained by him alone who realized that he is neither body, nor mind, neither he is Light nor

sound, but He is an object which views the light in light while which listens the Sound while in sound and is a witness of all these stages. Such a realized man does every thing, but still he does not do anything. His action is without any reaction. That is why our scriptures write “Without discretion liberation can not be attained.”

राधास्वामी, राधास्वामी राधास्वामी राग को ।
गा रहा हूं धन्य मैं कहता हूं अपने भाग को ॥

“Radhaswami, Radhaswami, Radhaswami do I sing, and applause my blessed fortune.”

Radhaswami does not mean a word spoken or written. It is a sublime state.

“Radha, the name of Primary Surat,
Swami, realize the Primary Sound.”

It is a state where Eternal-Sound is heard by Surat. You may not recite the word Radhaswami articulately but try to attain that state where Surat becomes in Tune with the Eternal-Shabd.

अमृतधार बहाइये सतगुरु जग तारन ।
सुरतिया सोच करत, अब किस बिध उतरूँ पार ।
गुरु भेदी ने भेद बताया, सुरत-शब्द मार्ग रहो धार ॥
सत-संग सुनो वचन मन धारो, मन इन्द्रियन को रोको झार ॥

“Flows the current of Nectar, Sat Guru the redeemer of
World, Surat Ponders now how to get across;
The Realized Guru disclosed the secret;
follow on the path of Surat-Shabd.
Listen to Sat Sang, carry word in mind;
Keep control over mind and senses.”

I am not aware of whether I flow the current of Nectar or Poison. But one thing is very sure that I have no selfish motive and my conscience is very clear. Attend the discourses of a Realized man, understand what he says, adopt it in your Practical life and keep a watch upon your mind. It would help you to attain the sublime state.

गुरु परतीत परीत हिये घर कर, करनी करो सम्हार ।
सुन अस वचन उमंग होई भारी, पहुँची गुरु दरवार ॥
वचन सुनत मन निश्चय बाढा, संशय भरम निकार ।
भेद पाय अभ्यास करुं नित, तन, मन, गुरु पर वार ॥

Developing love for faith in Guru;
carefully follow the path inward,
Listening his word ambition becomes strong;
Leading thee to the Court (Darbar) of the Guru,
Listening to WORD, mind becomes still;
discarding all doubts and whims,
Knowing the secret, I undertake the practice,
dedicating body and mind to the Guru.”

The real deed of human being is to follow the inward path to attain the state of Light within. The center (Store house) of Light and sound within is the Durbar of the Guru. Guru is he whose WORD (Sat Sang) removes your doubts and whims. If your doubts and whims are not removed, then he is not a guru. People quote scriptures, Ramayana and the Bhagwat Gita. I do not criticize anyone. I know the book of my own kind. I have known the secret. Now I transcend the inward path, dedicating or offering my body and mind to the Guru. I go beyond the physical and mental feelings to the Darbar of the Guru. To make offerings of money or clothing to a Guru is not a true dedication or devotion to the Guru. It is just a worldly custom. The true devotion to the Guru is:—

दर्शन करे वचन पुनि सुने, सुन, कर नित मनमें गुने ।
गुन—गुन काढ़ लये तिस सार—काढ़ सार तिस करे आहार ॥
कर आहार पुष्ट हुआ भाई, जगभव भय सब गई गवाई ॥

“Have the glimpse (Darshan) listen the word;
having listened churn in mind,
Having churned get the essence;
Having the essence, adopt in life,
Having adopted, be a perfect;
dispelling, world, illusion and fear.”

Those who collect money from their disciples and make properties and then nominate their children as their successors, they are not the gurus. They can not impart the perfect knowledge for their own personal motives. His Holiness Hazur Maharaj Ji has written, “Rich and poor people come to me. I help the poor with the money that rich offer to me.” I also practice this method. But, if you think that by offering money to Guru, you shall attain the Truth and go beyond mind, you are badly mistaken. You can go beyond the realm of mind only by understanding and by adopting in your life the WORD of a Guru.

शरण सम्हार चरण पकड़ूं, सहज ही होए उद्धार ।
राधास्वामी गत, मत, अगम अपारा, राधास्वामी—शब्द सार का सार ॥

“Having the refuge, take hold of his feet firmly;
easily thou shall attain salvation,
Radhaswami state, unattainable, infinite,
Radhaswami Shabd is the secret of Secret.”

Guru's feet here means the Light within. You can not attain salvation by holding firmly the physical feet of a Guru. In the beginning it is a necessity to develop belief and faith in a Guru, A perfect Guru directs the seeker inward and never likes that his devotee should remain attached to his physical body. He makes the seeker realize that Eternal-Sound within

is the Radhaswami. But the world is mistaken.

हम तो बच गए साहिब दया से ।
शब्द—डोर गहि उतरे पार ॥

“By the grace of the Guru, I am saved;
I swam across by catching at the string of Eternal-Sound.”

Kabir writes that Illusion has deluded the entire world but he is saved by the grace of the Guru. The State of realization of mind and attainment of the Light and Sound within is the grace of the Guru. This is the Path of the Saints. I was initiated in 1905 AD but till 1916 AD. I did Neither attain Light nor Sound, Why? Because, I was too much involved in the worldly Life. He who excessively indulge in sex and is too much with the world he cannot attain the stages of light and sound even though he may meditate for hours. The reason of my failure in my early years was my early marriage. I used to weep for my nil achievement. Weeps he alone, who indulges too much in sex. So, those who follow the path inward, they must take care of their continence. It does not mean, that a husband should give up his wife and a wife should give up her husband. Live at the desire of your partner. Do not have your own desire. Once a Sikh gentleman came to me and expressed his desire to know Radhaswami Nama. I told him that he should rather ask me. “how to get rid off his wife and children.” When I said so he was astonished and he pleaded that how I came to know that Truth? I said, “I know it.” He was very lustful. His children and his wife were not obedient to him. So he wanted a release from them for which he came to me. After sometime I went to Beas. I was sitting with his Holiness Hazur Baba Sawan Singh Ji; when that very Sikh gentleman went that way. Pointing to him I told His Holiness Hazur Sawan Singh Ji Maharaj the entire incident noted above and pleaded that teachings be modified. His Holiness said that if he speaks this truth, it would lead to disputes in the families, Thus he avoids plain speaking. But I have dared to speak this Truth for the benefit of those who really wish to tread the path of the saints.

Light shall not manifest in him, who indulges too much in sex. If he at all succeeds to manifest it by force, then it would not prolong. The recitation of Nama increases your will power and then it helps in fulfilling your good or bad desire. Those who are not pure in mind, they become a source of destruction to themselves and to others. That is why every one is not an aspirant of Nama. It is deserved by those alone who are pure in mind, thought and action. Purity of mind and thought are prerequisites for initiation and for traversing the inward Path. If you earnestly wish that your mind and thought should become pure, so that you may follow the inward path then it would positively help you. Your mind and thought would become pure. I do not initiate anybody, because people do not have purity of mind and thought. They do not understand the importance of Nama. When such people meditate and contemplate. Their impurity of mind and thought increases and thus their lives get spoiled. The recitation of Nama and contemplation increases the degree of whatever is there, in your mind. If your mind is pure, you shall become more virtuous, but if it is not pure, then it may even make you anything beyond explanation.

Once I went to Agra and brought prem-bani (book written by Hazur Maharaj Ji) In this book his Holiness Hazur Maharaj Ji has very clearly written, "Those who have impure minds, those who can not control their dirty thoughts or do not want to control them, they should not undertake the inward practice, otherwise they shall face irreparable loss." Our scriptures also lay stress on this very principle as, "if any Sudara happen to listen the Gaytri Mantra, then fill in lead in his ears." Now the question is, who is a Sudara? Sudara is he, whose mind is not pure, whose thoughts are dirty and destructive, whose mind is full of mortal sins and whose practical life is not good. Therefore I generally say, that those who initiate the general masses, they do not impart Nama to them but give poison to them. Instead of attaining anything they face miseries, because of their dirty minds and thoughts. That is why, time and again I say that purify your mind and make it worthy of supreme-Nama. I am authorized by His Holiness Hazur Data Dayal Ji and Hazur Baba Sawan Singh Ji Maharaj to impart Nama. But I do not initiate any one in a traditional way, because I know that to initiate a non-deserving,

means to play with his life. My mission is not to increase my followers and collect money from them. My WORD is NAMA. Live with love in your families. Maintain peace and harmony. Earn honestly. Attend the Sat Sang of a Realized one. Listen his WORD'S attentively, understand-them and adopt them in your practical life. It would make your life happy and peaceful.

RADHASWAMI TO ALL

CHAPTER IV

BHAJJAN AND SUBLIME STATE

भजन बिना अवसर बीता जात ।
नर देही की सार न जानी, चित नहीं गुरु बसात ।
सुख निद्रा में रात गंवाइ, दिवस गंवाया खात ॥
देखत देखत बिनसंगे सब ज्यों तारा परभात ।
अवसर पाय न चेते प्राणी, अन्त सहे यम लात ॥
राधास्वामी चरण शरण बलिहारी, गुरु यह भेद बतात ।

“Without BHAJJAN time is passing away,
Neither known the secret of human body,
Nor made mind the dwelling of the Guru,
Night wasted in pleasure giving sleep,
day wasted in eating foods,
Before thy very eyes all shall vanish;
Like the disappearance of morning star,
Having sufficient time, Being remembers not Him,

Suffers from the legs of Yama at Last,
surrender to the Hallowed feet of Radhaswami,
Guru reveals this sublime secret.”

Radhaswami

O, Faqir, why do you preach others? O, My mind preach your own self. Either it is my own Deed or the will of God, which is getting this work from me. Whenever I peep within, I feel that I am not capable of doing this work. I try to do Bhajjan. Some time I succeed and sometime I fail.

What is known as BHAJJAN? Friends, I have lived a very struggleful life. I have suffered a lot at the hands of my mind. My early marriage and my un-necessary indulgence in sex proved very harmful to my spiritual bent of mind. His Holiness Hazur Data Dayal Ji Maharaj had a great Mercy upon me, who revealed the SECRET to me. Now, I always try to do Bhajjan so that; I may not suffer the Leg of Yama. But the stage of Bhajjan which I have understood is very sublime and I fail to make it my permanent dwelling. I do fall from that sublime stage. I do not know about other gurus and religious heads, They might not be falling. What is my fall? Coming of my “self” in mind is my fall. When my SELF gets involved in the thoughts of mind and accepts them as True, I fall from the State of Bhajjan. I do my best, that I should not fall, but I fail. I am pained to say that this world has not understood the true meaning of BHAJJAN. I am sorry to say that I also wasted a major part of my life in ignorance. Generally the people of the religious world believe that recitation of Nama and contemplation on Guru’s holy form is BHAJJAN. But, what I have understood is the complete merger of self in Light and sound after dispelling, mind, thoughts and all worldly desires. When we sit for meditational practice our attention is diverted by different thoughts of our mind. It goes astray. Mind starts its actions with full force. It ponders, gives birth to different thoughts, both good and bad and visualizes different scenes, colors, and forms. This entire process is our fall. The establishment of Manvata-Mandir is also my fall. Had I not established it then I might have had to do some other work. Because till life exists I am bound to do some work.

What is BHAJJAN? BHAJJAN means death. Total forgetfulness of body and mind is Bhajjan. It is a state of oneness, of sublime-Trance and a Bliss. So for I have not been able to make it my permanent abode. Whatever I say, is all based upon my own practical life. But you do not aspire for such a sublime state and rather you should not. You are concerned with your worldly life and its pleasures and this all is within the realm of mind. So, till you are within the realm of mind, you can not attain peace. You may do whatever you like. You may visit any place of Guru. This is a hard fact. Peace can be attained only after dispelling mind and its creations.

अवसर पाय न चेते प्राणी, अन्त सहे यम लात ।।

“Having sufficient time being remembers not Him; suffers from the legs of Yama at last.”

How would you suffer from the legs of Yama? If some body has not realized the True Form of his mind in his life, then he is sure to be dominated by his mental visions at the time of his death. He shall have his next birth as per his visions, forms or colors that he had visualized at the time of death. That means, that he remained within the realm of mind or say he remained attached to different thoughts, colors or forms at the time of death is suffering from the leg of Yama. Saints advise for undertaking meditation or for doing Bhajan. People believe, that they are to recite the NAMA, imparted to them by their Guru and for them it is the ultimate aim of getting themselves initiated. But I do not favor this approach. My approach is different and I understand that:—

जिस पर दया आद कर्ता की, सो यह नेहमत पावे ।

“This Boon is attained by them alone, who are blessed by Him.”

Ever since I learned that my form manifests to different people at different places and solves their different worldly as well as other worldly problems without any knowledge to me, it convinced me that whatever I

have been visualizing within me i.e. scenes, colors or forms, they were not a reality but Yama. Yama means to emit. Whatever our mind emits in the form of thoughts colors and scenes is Yama. If its emission is positive and good then it is Dharamaraj, but if it is destructive and bad then it is Yamraj. Our approach has become sectarian, because we are attached to one of the religions. Somewhere Aryasmaj is celebrating its centenary, At other place Sikhs are celebrating their tercentenary and somewhere else the vedantis are organizing their samelans. All such celebrations are within the circle of Mind and it is Yamraj. But the question is, that how to get rid of this mind? So, for we exist in this world, We are bound to live at the level of mind. Because, without it worldly life would become dry. Understand the true Form of mind and live happily.

A day before Yesterday, some Brahm-Kumaries came to the Railway Mandi (Hoshiarpur) and they arranged an exhibition of Photographs and delivered lectures on their Philosophy with loudspeakers. They said, "Come on those who desire to get across." They further said that Lord Shiva is Supreme Redeemer only Shiva be worshiped. They had small statues of Lord Shiva with them, they adored them and kissed them. Some of the ladies from Railway Mandi told them that our Saints say "everything is within you." Then they said, "first develop outward love, only then you shall have inward love." This is correct. If you have not adored anyone outwardly, how can you adore Him inwardly? Physical love is followed by spiritual Love. But the unfortunate thing is that even our preachers do not know about the Real Ideal and Inner-Love for Him. All remain confined to the mental regions in one or the other way. To get out of the domination of mind is an Himalayan task.

Since long, I retired from the Railways service. But still the impressions of the railways trains and wireless overpower me in dreams. Sometime, I see members of my family in my dreams. I know not about other gurus or Mahatmas whether they too have dreams or not. But I do have dreams about railway trains and of my family life. Sometime I feel pained. But these dreams of mine are not within my control. I have

transcended to the highest stages of spirituality and I speak to you the most delicate and sublime secrets of spirituality. People address me as Param Sant and many believe me as an incarnation of the Supreme-Being. I question to my self, “Faqir, cannot you put an end to your such old samskaras”, No, The samskaras or the impressions and suggestions that are once engrained upon the mind they cannot be removed easily. They must bud forth sooner or later. Dr. Sardari Lal Nanda told me, that he generally attends the Patients in his dreams. None is exception to this law of samskaras. To advise is very easy but to watch one’s own mind is most difficult. After a long struggle of mine and your experiences have helped me to come out of the mental regions. Now, my dreams, visions, colors, scenes and forms, do not attract me. I have known the Truth about them, that they are the mere impressions and suggestions and have no entity of their own. But sometime, when I forget this Truth I fall and feel unhappy.

I do not say that all present religions are wrong. There is Truth in every Philosophy, but unfortunately, it is neither understood by the preachers nor by the followers. I do agree with the Brahm-Kumaries, that Shiv Ji be worshiped. In Ramayana Lord Ram Chander Ji says:—

शिव द्रोही मम दास कहावे, सो नर सुपने हूँ मोहे न भावे ।

“A malevolent to Shiva claims to be my servitor;
such a man is liked not by me even in dream.”

SHIVA is the name of PERFECT-KNOWLEDGE. He is a great Benevolent. His form is unique. All these forms that are worshiped by the Hindus, they are symbolic. Spiritual teachings are imparted by three methods. In our scriptures the Truth is revealed through stories. When stories are narrated to small children, they listen very attentively and enjoy. Similarly the novices can have the maximum benefit from the scriptures. Our scriptures are full of Prefect knowledge, but the worldly people do not understand it. Our sages gave separate forms to Shiva, Brahma, Vishnu and Laxmi. The Characteristics of these gods are

represented in their forms. What are the Characteristics of Lord Shiva? He is shown with Moon in his forehead. I understand that this Moon represents the SEMEN. A particular glare is seen on the face of those who have maintained their celibacy. A celibate ever remains smiling. His face radiates. Such a man is virtuous. It was due to this fact, that our Bhramans used to make the JANEU (sacred threads) from the cotton yarn spun by a virgin. In our scriptures a virgin is considered as Durga's form. He who has maintained physical and mental celibacy he becomes a part of Lord Shiva's Form. River Ganga is shown flowing from the head of Shiva. This is also symbolic ganga is a great purifier. It means that good, pure and thoughts of the well-being of others flow from the head of Lord Shiva. He who has pure and benevolent thoughts forms another part of Lord Shiva. Shiva is shown with a garland of skulls. What does it mean ? It represent the feelings of Ego, Which are dead. Say, that this garland of skulls, indicates that the bearer does not have any feelings of "I" and Ego and id at all there is any feeling it has no life like the skulls of the garland. Lord Shiva's. Throat is blue. Why it is so? When the ocean was churned by the gods, poison came out along with Nectar. When none other accepted it, Shiva drank it, but he did not allow the poison to reach his stomach. He detained it in his Throat. What does it mean? It means that Shiva has no place for Evil in his stomach. Shiva has knowledge of Evil, but he has control over it and thus he does no evil deed. In 1931 AD when I visited His Holiness Data Dayal Ji on auspicious occasion of Shivratri for my prayers. His Holiness wrote, one Hymn about Lord Shiva as:—

गिर कैलाश में शिव बसें, पारवति के संग ।
शिव शक्ति के मेल का, अद्भुत रूप सुरंग ॥
ज्ञानी ध्यानी विमल चित, त्याग वैराग महान
नेहकामी परस्वार्थी, दया, क्षमा की खान ॥

Shiva dwells at Kailash Mountain, in Company Parvati, of this Union of Shiva and Shakti, unique form and color". Erudite, meditative, pious mind, renunciation, detachment great, lustless, Beneficent, a mine

of Compassion and forgiveness.

He who worships Lord Shiva, must possess the qualities given in these lines, otherwise, he is not a true devotee of Shiva. None can transcend to the higher stages of spirituality without the worship of Shiva. If a person claims to be a devotee of Shiva without having the above qualities then he is playing the game of children. He is ignorant of the True Worship of Lord Shiva. But however, his worship of ignorance is also better, because one day he will surely understand the Truth. What are the qualities of Shiva? Shiva has no motives of His own ... Whatever he does he does it for the good of others. He is full of Mercy. Our S.D.O. sahib Sh. Munshi Ram Bhagat Secretary, Manvata Mandir never takes notice of the Short comings of others. He never feels annoyed, He is a true form of Shiva. But people take undue advantage of his mercy and leniency. Excess of everything is bad and sometime an excess of mercy also proves harmful. It is said that once Bhasmasar Demon happen to see Parvati and he developed bad intentions for her. For gaining Parvati, he very devoted by worshiped lord shiva and he developed bad intentions for her. Shiva was very much pleased with Bhasamasar's devotion and asked him to beg anything. The Demon begged that if he puts his hand upon any body's head the person under his hand should perish and become ashes. Lord Shiva blessed him saying, "It would happen so", "Now the Demon planned to take an undue advantage of Lord Shiva's blessing. He tried to put his hand on Lord Shiva's head, so that he may perish into ashes facilitating his task of getting Parvati. Lord Shiva ran for safety and the Demon followed him. Lord Vishnu when saw this struggle of Shiva, he at once thought to save him from the hands of the demon. Lord Vishnu converted himself into damsel and came in front of the running demon. When the demon saw much more beautiful lady than Parvati, he fell in love with her and forgot to kill Shiva. That damsel asked, the demon, that she would marry him only if he would dance with her following her each action. The infatuated demon agreed and the damsel started to dance followed by Bhasmaras demon . The damsel danced in such a way that the demon lost himself in it and followed every action of her. Then the damsel while dancing put her hand

upon her own head and the demon also followed her. As soon as the hand of Demon reached his own head, he was reduced to ashes and thus Shiva was saved. Such stories of our scriptures are very meaningful and are eye openers.

So, if you try to become Shiva in your family, social and administrative life, then it would ruin your life. What did the incarnations of Vishnu do? You know Lord Krishna acted as per the requirements of the time. He acted with Policy wherever it was needed, he told lie when required, he used weapons when their necessity was felt, he ran away when it was a must and he acted with leniency when it was useful. The Path of Shiva is for liberation, while the path of Vishnu is to make your worldly life happy and the path of Brahma is to have better procreation. But people do not try to know truth. They follow a particular path, because others, have followed it. Your approach should be according to the necessity of the time. Neither you should be too strict nor too lenient. I have served as a station Master. I had to deal with my staff as well as with the general public. Had I acted in the form of Shiva. Then I would have had ruined my life. The Path of Salvation is different from the path of worldly life. The Path of Shiva is for going away from this world. It is for salvation. Only those who aspire for salvation should follow the path of Lord Shiva and none else.

चन्द्र ललाट तो कण्ठ विष, सर से बहती गंग ।
भस्म, विभूती तन मलें, लिपटे कीट पतंग ॥

“Moon on forehead, Poison in throat, Ganga flows from Head Body besmeared with ashes; coil, around reptiles and snakes.”

Snakes remain clinging to the besmeared body of Lord Shiva, but they do not bite him. Why? When a man attains the state of sublime-Truth, evil does not prove harmful to him, though he remains surrounded by the evil.

जटा-जूट सर सोहते, सुरत-निरत विस्माध ।
अमन, अमल, अवगत दशा, लखे रूप कोई साध ॥

On head matted braided hair attractive, Surat's detachment a wonder, Calm, Pure, realized state, beholds this form some Mendicants.

What do the matted and braided hair represent? It means that the attention of Shiva is always directed upward and his mind remains tranquil. There is no motion in his mind. It is calm and serene. If any devotee of Shiva does not have qualities, then he is not a worshiper of Shiva.

उमा रमन करुना अयन, कुन्द इन्दू सम देह ।
मोह भ्रम व्यापे नहीं, अचित, अगेह अदेह ॥

“Uma, lovely company, merriment, body like flower and Moon, attachment, doubt occur not, unmindful, bodiless, omnipresent.”

Uma, does not mean a woman, as generally the people believe. Uma means the will power. Shiva keeps his will power under his control and does all works. People believe that Uma was the wife of Shiva and that he used to make merry with her. This is wrong. Shiva had burnt his Carnel desire. Parvati is known as his better-half i.e. half part of Shiva's body. These are symbolic references. It means that Shiva's will power is a part his body and with his will Power he moves in the world. Similarly Krishna's will power is known as Radha. Krishna is Mind. Krishna and Radha cannot live separately i.e. mind and will power cannot be separated. Shiva is all unmindful i.e. he has no attachment with whatsoever.

नन्दी वाहन साथ ले लीए भूत वेताल ।
डमरू और त्रिशूल कर, गले मुंड की माल ॥

“Nandi Bull as his Vehicle, having Bhoot Betal with him, Damru

and Trishul in his hand, garland of Skulls in the neck.”

What is the form of Shiv Ji? Nandi Bull is his vehicle i.e. Shiva rides the bull. What is Bhoot-Betal? It refers to the forces of Nature that accompany Shiva i.e. the Natural forces (five elements, earth, fire, air, water and Ether) accompany every individual, but they are realized by a few. Damru is a very small tabor which represents the sound of OM. This very sound is known as WAHE GURU and this very sound is ALLAHU, Some people have named it as VAM-VAM while others have compared it with the thundering of clouds.

लख शिव की मूरत उमा, बोली दीन दयाल ।
तुम क्यों ऐसा रूप धर, करो जगत प्रतिपाल ॥

“Beholding continence of Shiva, Uma said, Om, Merciful, Why you having such appearance, do rear this world?”

This is an art of expressing something. Parvati asks Lord Shiva, “Maharaj, having such a Unique appearance why do thou nourish this world?

शिव बोले सुन तू प्रीया, मैं कल्याण स्वरूप ।
मेरा रूप विचित्र है, नहीं प्रजा नहीं भूष ॥

Shiv said, “Listen O dear, my form all for good,
My form is wonderful, neither king nor subjects.”

Lord Shiva-says that he is for the good. He gives happiness and pleasure to others. If a distressed does not die then you know what would be his fate? Shiva gives release to the mankind from the pains and ailments of physical body.

मानी, अभिमानी महा, नहीं मान अभिमान ।
मांगु मान न आप मैं, दे औरन सन्मान ॥

“Haughty arrogant great, neither arrogance nor pride Beg I not honor myself, give honor to others.”

He who does not care for his own respect, but respects others, he is a true image of Shiva. You see, I respect you all. I honor my disciples. Dayal Dass and Sh. Krishak Ji regard me as their Guru, but I respect them. As and when I happen to visit Bhilwara I bow to the feet of Sh. Krishak Ji.

शिष्य निवे गुरु को, यह जाने सब कोए ।
गुरु निवे शिष्य को कोई बिरला ही होये ॥

“Disciple bows to the Guru, This known to all,
Guru bows to a disciple, such is very rare.”

I am such a Guru in this world, who bows to his disciples. Not me, alone, the Sikh Guru used to fan their disciples. A true devotee of Lord Shiva does not have any pride or arrogance.

औरन की तो आंख दो, मेरी आंखें तीन ।
धनी—बली को सब चहें, मुझ को प्यारे दीन ॥

“Others have only two eyes, I have three eyes,
Wealthy, powerful remembered by all, I love the poor.”

I have been making my effort to attain the form of Shiva, but still I have not been able to attain it. I am a friend of the poor and the afflicted. At Hanamkunda, many people were attending my Sat Sang. Sons of Bargoo-Mahadeva, who is millionaire came to attend the Sat-Sang. There was place in the front rows. I asked them to sit in the back rows. I did not care that they financially help the Mandir and thus they should be given a better place. To me all are equal.

अमृत प्यारा है सबन को, विष प्यारा है मोहि ।
औरन के उपकार हित, तजुँ काम मद मोह ॥

“Nectar liked by every one, poison loved by me alone, for the good of others, renounce I, lust, ego, attachment.”

These are the attributes of Lord Shiva. I take trouble for the good of others. Almost every time, I am surrounded by different people, suffering from one or the other physical or worldly problems. His Holiness Hazur Data Dayal Ji wrote to me as under:—

तू फकीर है मेरे प्यारे, सुन फकीर की बानी ।
साधु कहें फकीर को भाई, साधु जग सुखदानी ॥
पर—उपकारी जन—हितकारी, गुरु के आज्ञाकारी ।
औगण त्यागी गुण के ग्राही, दया—भाव चित धारी ॥

“Thou Faqir O, my beloved, listen Faqir’s Word, Sadhu say to Faqir O, brother, Sadhu gives happiness to world.”

He Benevolent, others well-wisher, obedient of the Guru, dispeller of vice, receiver of virtues, with merciful feelings in mind.”

अवगुण देख के गुण लहूं, अवगुण से नहीं प्यार ।
मेरी दशा विचित्र है, अगुण सगुण व्योहार ॥

“Seeing vices, accept only virtues, no love for the vices, My State is Wonderful, vice, virtue a dealing.”

His Holiness Hazur Data Dayal Ji had the greatest quality of not noticing the shortcomings of other. He always used to give positive and good thoughts to all , There was one very quarrelsome daughter-in-law of a man. Hazur Data Dayal ji used to address her as “Mother of Sat Yug.” Though I had many shortcomings, but His Holiness always used to praise me as god,

honest and what not. His Holiness has written a lot in my praise. No one is free from evils. Each one of us has one or other evil in one or the other way. But never condemn any body. Always give positive and encouraging thought.

पारवती—अर्धागनी परवत के आकार ।
यह निज शक्ति—चित की, उपजे न विषय विकार ॥

“Parvati better-half, like mountain’s stature, ’tis itself the Power of kind, occurs no lust mortal, sin.”

Parvati is not a woman. It is will Power of mind. It does not allow the rise of Lust and any mortal sin. Only he who has will power, can have control over his thoughts and keep a check upon the vices and bad thoughts rising from within. A man with weak will power becomes an easy victim of vices and mortal sins.

नन्दी सुख को समझ ले, मेरा वाहन सोय ।
सुखी रहूँ नहीं दुखी हूँ, मन की दुरमति खोय ॥

“Understand happiness as Nandi, happiness my vehicle, Happy I am ever, never afflicted, dispelling ignorance of mind.”

Nandi Bull is the vehicle of Lord Shiva, whereas the vehicle of Ganesh is Rat. Can a small rat carry the weight of Ganesh? Neither the people are told the real meaning of these things nor the people understand them. Nandi, means happiness i.e. Shiva rides happiness. Unhappiness or distress do not come nearer him. Rat never sits peacefully. He always remain busy in cutting one thing or the other. Rat represents mind. Our mind always remain busy in thinking one thing or the other. Whatever is written in our scriptures that is all in symbolic language. Ganesh is God of Deed or Action. Therefore in our hindu society Ganesh is worshiped, before starting any new work. A worker is always busy with one or other work. Ganesh has four hands and one trunk. On his forehead is vermilion. These all are symbolic things. Why and how? When you do some work with full

attention and Power, the circulation of your blood increases and redness appears on your face. This redness in fact represents the vermilion, that is applied to the forehead of Ganesh. People have forgotten the real meaning and now believe only in performing the religious ceremonies. Shiv Ji rides the Nandi-bull. Bull ruminates after eating. It means that whatever he understands, he absorbs it within.

इक कर में त्रिशूल ले, शूल का करुँ संघार ।

अधिदैवक अधिभूत दुःख, अध्यात्म दूँ मार ॥

“Having Trident in one hand, do I annihilate the pain. Physical mental and spiritual, do I kill all pain.”

There are three kinds of afflictions, i.e. physical, mental and spiritual. Shiva's trident has three spikes and these three spikes annihilate all the three afflictions i.e. Physical, mental and spiritual. Do the worshipers of Shiva know about this Truth? The Bhram-Kumaries simply preach for the worship of Lord Shiva but they themselves are not aware of the true devotion of Shiva. Their vision is limited to the external appearance of Shiv Ji and they do not know the real characteristics of Shiv Ji.

दूजे कर डमरुँ गहुँ, अन्तर शब्द की धुन ।

शब्द रूप है निज मेरा, विस्मय शब्द को सुन ॥

“Hold I Damru in other hand, the tune of Shabd within, SHABD itself is my form, listen shabd a wonder,”

SHABD is real form of Shiv Ji. SHABD is the True form of Guru and the Light is the feet of the Guru, But this is a very sublime stage, which can not be easily understood, by those who have never tried to transverse the inward Path.

पर उपकार को चित दे, विष का किया आहार ।

नीलकण्ठ का नाम धरा, इसी नाम से प्यार ।।

“Giving mind to the good of others, I drank the Poison ! I got the Neel-Kanth name, Love I this very name.”

The devotee of Shiva must become as such, otherwise the worship of Shiva has no meaning, Guru is needed, so that he may reveal you the True form of Shiva or your own form. There is no difference in your Form and the Form of Shiva. But you have enveloped yourself in this world. The Illusion (Maya) keeps you deluded and thus you remain ignorant about your own TRUE-SELF. Guru comes and reveals the Truth to the true seekers and leads them beyond the Trinity.

सृष्टी, प्रलय उत्पत्ति दशा, व्यापे नहीं मोह ।
मुण्ड माल भूषण बने, रह कैलाश की खोह ।।

“Generation, sustenance and Deluge, occur not me these,”
Garland skulls make ornaments, Dwelling cave Kailash.

A true devotee of Shiva ever remains happy. To remain always happy and not to carry any worry in mind is the life of a true Hermit. The attainment of this state in life is the mission of all religions of the world. His Holiness Hazur Data Dayal Ji wrote hymn in my name as:—

जिसके मन नहीं चिंता व्यापे, जग में वही है दास फकीर ।
अभय रहे चित गुरु पद राखे, धीर वीर गम्भीर ।।

“In whose mind no worry pervades,
He alone a true hermit in the world,
Fear free, with mind ever in Guru’s feet;
resolute, brave and tranquil.”

Meanings are the same, only the methods of expressing or explaining a Particular state are different. You should not go after the methods but the meanings.

जग—मग चन्द्र ललाट में, तिस की ओजस जान ।
मैं निःकाम रहता सदा, कांतिं शांति अस्थान ॥

“Shining Moon in Forehead, know 'tis continence, I am ever lust free, revolutionary state remains calm.”

I have already explained, that Moon in the forehead of Shiva is a sign of continence. He who does not waste his semen un-necessarily his face shines and he remains ever happy.

गंग सीस धारा सुगम, सिर से निकसी धार ।
सोई मेरा रूप है, निर्मल शुद्ध विचार ॥

“Easy flow of Ganga on head, flowing from my head, Tis my own form, clean, pure, chaste thought.”

The clean and sacred flow of Ganga gives peace and happiness to the people. This pure flow comes out of the head of Lord Shiva. It does not mean that the source of river Ganga is head of Lord Shiva. The Pure flow means the flow of Pure, clean and good thoughts from mind of Lord Shiva which give peace and happiness to the people.

सँग में मेरे भूत है, भूत मैं धरती अकाश ।
जल, वायु पावक सदा, मुझ में करे निवास ॥

“Accompanied am I with Elements, earth, sky, Water, air, fire ever, ever dwell in me.”

Five elements always accompany Lord Shiva. They are ever

present everywhere either in gross or in subtle or causal form. Till you physical body sustains these elements, would remain with you. Rather they are the constituents of our physical existence.

और रमे बैताल नित, सो सुन प्यारी आज ।
बैताली है राग धुन, गान से मुझ को काज ॥
अनहद बाणी अद्भुतिं, अगम निगम की खान ।
श्रुति उद्गीत प्रणव कहो, सोई ज्ञान मन भान ॥

“Sentinel ever accompany, me, listen that my dear today, This attendant is the tune of Song, ever concerned am I with Song. Unbreakable Sound Unique, a Path to the Unattainable, 'Tis known Saruti, Eternal Sound; keep in mind 'is Realization.”

The sound within is unbreakable, This sound within ever remains with Shivji. This sound is known with different names. Saints have named it as Eternal-Sound. Our scriptures refer to this Sound as Unbearable Sound, where as Muslims have named it as Sultanulazakar and Guru Nanak has given it the name as SHABD. Truth is same, but it is expressed by different names.

आंख तीसरी सुन प्रीया, तीसरे तिल भ्रुमध्य ।
जो पावे इस भेद को, रहे न जग में बद्ध ॥

Third eye listen, O, dear, 'tis midst the two brows, he who understands this secret, remains not bound in world.”

Every individual is equipped with the Third eye, the eye of knowledge. It is in the center of your two brows. He who understands this secret, attains freedom from all worldly bonds and lives a liberated life.

मैं कैलाश बसूं सदा, कैल जान आनन्द ।
अस है रहना सुन उमा, मेट भ्रम का द्वन्द्व ॥

I ever dwell on Kailash, amusing and Blissful,
'Tis my living, listen Uma, dispel duality of suspense.

Dwelling on Kailash means to remain always happy and joy. I am always happy and cheerful. If a devotee of Shiva is not cheerful and happy, then he is not a true devotee of Shiva. I am always trying to become a true devotee of Shiva, but still I am failing, though I have attained 95.96% success but not 100%.

सत—चित आनन्द रूप मैं, सत मेरा देह ।
चित पर्वत सम पारवती, रूप आनन्द स्नेह ॥

My form Sat, ChitAnand, The Truth my body,
Chit mountain like Parvati, Form blissful affectionate.

Man is a combination of body, mind and soul. But the “self” of man is different from the Three. SELF is a witness of these three components. But, this Truth can be understood with a guidance of a realized or a perfect Guru.

मेरा अपना कुछ नहीं, जो कुछ है से तोर ।
कमल नीर को परख ले, मुझ में मोर न तोर ॥

I have nothing my own, whatever is 'tis all yours, test lotus and water, nothing in me like mine, thine.

You must have seen a lotus flower. It always remains on the surface of water. If the level of water rises it also rises to its level and if the level decreases then it also comes down to its level. But still it remains free from the impact of water, upon it. Not a single drop of water in any form remains upon it. Such a State of living in this world is known as “JEEVANMUKTA”- state, to which the Philosophy of saints directs and seekers. But unfortunately the reality is not understood by the mankind. To reveal the Truth is the work of a Guru.

मोर-तोर की जेवरी, बन्धें जीव समुदाय ।
मोर-तोर मुझ में नहीं, कैसे कोई फंसाय ॥
मोर-तोर की जेवरी, बट बांधे सब जीव ।
यह बन्धन तो सब कटें, लखें जो मूरत शिव ॥

Ego of mine and Thine have all beings bound,
mine, thine not in me, how can bound me any.
Ego of mine and thine, have tied every being,
This bond is cut alone by beholding the Shiva's Form.

None in this world, is free from this Ego. It keeps every individual within its bonds in one form or the other. Some one is bound by the Ego of gross matter, the other one is tied by the ego of subtle matter and the Third bound by the Ego of casual matter. Man becomes free from all these bonds only by beholding the FORE OF SHIVA.

मोर-तोर की जेवरी, सोई जग व्योहार ।
यही तो यम का काल है यही मूल विकार ॥

Ego of mind and Thine, 'tis custom of world,
'Tis the Kal of Yama, 'tis the root of mortal sin.

This is the sublime truth. I understand it very well, but still I fail to dwell at this state of truth. No religion is wrong, but we are wrong and our thinking is wrong. We indulge in criticism of others and create communal feelings. Truth is far away from such people.

मोर-तोर की जेवरी, काल कर्म की फांस ।
काट दे दुःख के फंद को, भज गुरु साँसो साँस ॥
मोर-तोर की जेवरी, दो लड़ त्रै-लड़ जान ।
त्रिगुनात्मिक जगत में, तीन ताप की खान ॥

ले जो भक्ति विवेक को, चमके चन्द्र ललाट ।
पार्वती चित साध कर, शब्द-योग अभ्यास ॥

Ego of mine and Thine, 'Tis the trap of Time, Deed,
Cut this trap of afflictions, remember Guru each breath.
Ego of mine and Thine, know tis two three strings,
This world of trinity, 'Tis the mine of three fold afflictions,
He who undertakes devotion with discretion;
Shines Moon on his forehead,
Parvati, having control, upon mind,
Undertake the practice of Surat-Shabd-Yoga.

Only he benefits who undertakes devotion or inward practice with correct understanding. In Ramayana too it is written that he who does not worship Rama or Ishwara with discretion, gains nothing. He who undertakes inward practice must maintain physical and, mental continence. Those who do not maintain their celibacy they gain nothing from their devotion or worship.

नन्दी आनन्द चढ़ चले, विचरे कोई दास ।
सिर से गंग की धार नित, बहे तरंग अपार ॥
ज्ञान ध्यान की गम लहे, उपजे विवेक विचार ।
प्रेमभक्ति मन में बसे, डसे न काल भुजंग ।
दुःख नहीं व्यापे देह को, पिये जो आनन्द भंग ॥

Riding Nandi, the pleasure, moves about only some devotee, from head flows ganga ever, ripples flow infinite. Attains access to knowledge contemplation, springs discretion thought, Love, devotion dwell in mind, bites not the snake of time. No pains occurs to body, drinks who the hemp of pleasure.

How clear are the teachings of saints people drink or eat the hemp plants for enjoying the state of pleasure. This is wrong. People ignorantly

follow the literary meanings of the words that are given in our scriptures.

सत—देह मन चित है आनन्द सुरत सुजान ।
भेद सच्चिदानन्द का, अद्भुत अगम महान ॥
यही ज्ञान तत सार है, और ज्ञान अज्ञान ।
शब्द सार मेरा परख, शब्द का कर नित ध्यान ॥
शब्द गुरु का रूप है, और गुरु नहीं कोय ।
जो नहीं गुरु गम को लखे, जावे भव जल खोय ॥

“Sat, body, mind chit, know Anand thy surat,
The secret of Sachidanad, unique, great,
unfathomable,
'Tis the essence of true knowledge, other knowledge ignorance,
make search for my Shabd, contemplate ever on Shabd.
Shabd is the form of Guru, none else is Guru,
He who beholds has no access to Guru, stands lost in existence
ocean.”

I speak the Truth in very plain words, so that you may not remain attached to Baba Faqir. I wish you to fall in the trap of Sat Guru. Sat Guru is always within you, but this, secret is known only from the Sat Sang of a Realized one.

सालिगराम की दया से, पाया भेद अपार ।
सालिगराम के संग से मेटा द्वन्द्व पसार ॥

With grace of Saligram, attained the Infinite Secret,
In the company of Saligram, vanished the expanse of Duality.

The name of the Preceptor of His Holiness Hazur Data Dayal Ji was His Holiness Hazur Maharaj Rai Saligram Sahib Ji. Whatever, His Holiness Hazur Salig Ram Sahib said, Hazur Data Dayal Ji said to me, I could not understand it. That is why I was given this work, so that I may

understand the Truth. So, if I express my gratitude to His Holiness Hazur Data Dayal Ji today, I am very much justified. I am neither a Guru nor a Mahatma. I am an ordinary human-being like you. Hazur Data Dayal Ji, had desired that I should change the mode of preaching. Whatever I realized after a long search, I have spoken. Do not make any claim that my research is final.

गुरु मूर्ति हृदय बसी, शिव प्रगटा अवधूत ।
जगकी फांसी कट गयी, जैसे कांचा सूत ॥
धन्य-धन्य गुरु धन्य तुम, धन्य दया व्योहार ।
राधास्वामी धन्य तुम, दीनन के हितकार ॥

“Guru’s form dwells in mind, Shiva Manifested ascetic,
Gallows of world stand cut, like a raw thread.
Great, Great, Guru, thou great great thou merciful
Radhaswami Thou art great, Benefactor of forlorn.”

His Holiness Hazur Data Dayal Ji wrote this hymn for me. I have revealed to you its meaning which I have understood. The work of ascetic is to attain the true form of Shiva as per, his symbols. Beyond this state is the state of saints and beyond that stage is the state of param Saints. A saint or a Param Saint lives far above the vice or virtue, For him there is no difference in a man or woman and a thought of generation, sustenance and destruction of this world does not occur to him. This is my realization. But so far, I have not been able to make it firm, I follow the inward path and when sometime I attain that sublime state, there exist neither Guru, nor disciple, neither Ram and nor Soul. No thought of God occurs there. If saints denounced the existence of Bhrama Vishnu and Shiva, they did it after attaining the realization of this sublime state. But till the man is at lower stages, he can not denounce them, because, he can not go without them.

भजन बिना अवसर बीता जात ।

नर देही की सार न जानी, चित नहीं गुरु बसात ॥

“Without Bhajan time is passing away,
Neither known the secret of human-body;
nor made mind the dwelling of Guru.”

Fortunate are those, who always keep guru within their mind. It is not the external guru who comes and dwells in you. Guru means PERFECT—UNDERSTANDING, PERFECT—KNOWLEDGE. But it does not mean that one should stop from contemplating upon the Form of his Guru. This practice too is very useful for the worldly people.

सुख निद्रा में नींद गवाई दिवस गवाया खात ।
देखत देखत बिनसंगे सब, ज्यों तारा प्रभात ॥

Night wasted in pleasure giving sleep,
day wasted in eating food,
Before thy very eyes, all will vanish;
like the disappearance of morning star,

We are all destined to pass away one day. But if fortunately you have come in contact of a PERFECT-GURU and you have understood his WORD. Then you would stand liberated otherwise, again the cycle of birth and death would start.

अवसर पाये न चेतें प्राणी, अन्त सहे यम लात ।
राधास्वामी चरण शरण बलिहारी, गुरु यह भेद बतात ॥

Having sufficient time, Being remember not Him;
Suffers from the legs of Yama at last,

Even the gods long for this human frame. They are unable to attain salvation. They shall attain salvation on the Dooms day. Sun, Moon, stars,

fire, water and air they are all gods. They shall lose their entity on that day of ultimate deluge. But we have not understood the truth and thus we suffer.

There is no use of crying or of making complaints. Everyone must reap the fruit of his good or bad deeds. You should make your good efforts and should try to remain pure in your conscience. Now, I am 89 years, but still I fail. However, my efforts are going on. The people have not understood the meaning of Guru. They believe that a puff of the Guru shall take them across the ocean of existence. Nay, Guru imparts perfect-understanding. He gives correct understanding. He shows you the Path of living a happy, peaceful and contented life. Rest all depends upon your own faith. If you do not have Faith then neither I nor any other Guru can give you anything. This is the KEY AND this is the TRUTH.

RADHASWAMI TO ALL

